



CAADS History - 45+ YEARS: THE HIGHLIGHTS 1/09/2025 DH

- 1974** ▪ CMS approves 1115 Waiver Demonstration which prompts California to move forward to create the Adult Day Health Care model under Medi-Cal
- 1975** ▪ AB 1810 by Assembly Member Leo McCarthy authorizes five (5) pilot **ADHC** centers. *Base rate is set at \$19.07 per day*
- 1977** ▪ Chel introduces AB 1611 to **ADHC** a Medi-Cal benefit into law and AB 1612 to provide start-up funds. Both are enacted in spite of objections from CA Dept of Finance
 - Pilot sites band together and incorporate “California Association for Adult Day Health Services” as a 501(c)3
- 1978** ▪ CA Dept of Health Care Services, under leadership of Dr. Ruth Von Behren, enacts **ADHC** licensing and certification **regulations**
 - **Community Care Licensing** moves from CA Dept of Health Services to CA Dept of Social Services
- 1979** ▪ Six (6) **ADHC** Centers are now operation and serve 250 participants
- 1980** ▪ **ADHC** becomes an Optional State Plan Medi-Cal benefit with the passage of AB 2378 (Torres), and AB 2992 allocates \$500,000 for additional start-up grants
- 1981** ▪ CA Dept of Health Care Services conducts **ADHC** financial audits to establish required cost-based rate methodology.
- 1982** ▪ Association name changes to “California Association for Adult Day Services”
- 1983** ▪ **ADHC** transfers from CA Dept of Health Services to newly formed **CA Dept of Aging**
- 1986** ▪ Senator Mello successfully champions start-up grant funding for **ADHC** over several years
 - CAADS sponsors SB 2496 to establish grants for “**social day programs**,” vetoed by Governor
 - CAADS supports SB 2497 to create **Alzheimer’s Day Care Resource Center** program and start-up grants
- 1989** ▪ CA Dept of Education **Adult Day Care Food Program** begins
 - CAADS succeeds in obtaining several **ADHC** rate increases from Legislature bringing rate up to *\$45.85 per day*
- 1990** ▪ CAADS sponsors SB 504 to change the term “**Adult Social Day Care Center**” to “**Adult Day Support Center**”
- 1991** ▪ CAADS sponsors SB 2429 to create a **rural ADHC** program, define **maintenance therapy**, and allow for a “**dual**” **social day and adult day health license**
- 1992** ▪ Medi-Cal claims function switches from CDA to Medi-Cal’s EDS claims process
 - CAADS obtains pro bono legal counsel and **sues the state of California** over its failure to comply with state law establishing a cost-based rate setting methodology for **ADHC**. Settlement agreement ties ADHC rate to Intermediate Care Facility (ICF) rates.
- 1993** ▪ CAADS sponsors AB 2342 to reduce licensing fees for **adult day support programs**
 - For profit **ADHCs** are authorized under SB 1492. By 1999, 197 centers are licensed and certified.
- 1994** ▪ **ADHC** Medi-Cal rate steadily increases after a 3-year freeze due to CAADS’ legal settlement.
- 1997** ▪ 100 **ADHC** centers in 24 counties are now open well below the estimated need of 600 centers



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- 2000 ▪ CAADS obtains \$100,000 from CDA to publish first of its kind County by **County LTC Data Book**
- 2001 ▪ CAADS 501(c)3 becomes Alliance for Leadership and Education; CAADS becomes a 501(c)6
 - SB 1982 (Perata) consolidates **Adult Day Care and Adult Day Support Center licensing categories** into one **Adult Day Program Community Care Licensing category**
- 2002 ▪ CAADS works with **DSS** and State Fire Marshal to influence **secured perimeter** regulations
- 2004 ▪ CAADS works with developmental disability partners to defeat proposed Worker's Comp Rating Bureau attempt to reclassify ADS, **preventing a double digit premium increase**
 - The number of **ADHC** sites explodes to 361, setting a record. Fraud and abuse allegations begin to surface leading to DHCS Audits and Investigations suspending operations of many centers
 - DHCS enacts a **temporary moratorium** on **ADHC** Medi-Cal certification for new centers after several years of successful advocacy by CAADS to **avoid completely halting growth**
 - CAADS forms an 8-state coalition to prevent CMS from removing **ADHC** as a State Plan Benefit and turning it into a 1915(c) waiver program with restricted enrollment
- 2005 ▪ CAADS **obtains exemption** for CCL **ADPs** from new CA **Uniform Food Facilities Law (CURFFL)** requirements
- 2006 ▪ CAADS negotiates SB 1755 (Chesbro) with the Administration to conduct **ADHC** rate studies, define core services and create more flexibility to **prevent further center closures**
- 2007 ▪ DSS issues **stand-alone regulations** package for **ADP** providers, as a result of CAADS advocacy
- 2008 ▪ CAADS **opposes** AB 2593 (Adams) that would impose a **\$15 fee on ADP** centers for every background check
 - Legislature enacts a **10% Medi-Cal rate cut** in Emergency Budget session. CAADS raises legal funds and joins with other provider groups to **file a federal lawsuit** to stop the rate cut
 - CAADS develops **ADHC Guidance for Separately Billable Services**, later adopted by DHCS and published in the Provider Manual in anticipation of unbundling the ADHC rate
- 2009 ▪ CAADS defeats state budget proposes to **eliminate ADHC**. Instead, the Legislature passes a 3-day cap on days per week limit
 - DRC files federal lawsuit and succeeds in stopping the **ADHC** three-day cap and tighter medical necessity criteria
 - The number of **ADHC** centers closing increases with 328 open compared to a high of 365
- 2010 ▪ SB 177 (Corbett) **delays implementation of ADHC unbundling**
 - **Governor proposes to eliminate ADHC**. Legislature fails to act
- 2011 ▪ Governor Brown takes office in January and Legislative leaders agree to **eliminate ADHC** as a Medi-Cal benefit during emergency session in March
 - Using CAADS technical expertise, the Congress of California Seniors contracts with and then releases the **Lewin Group Report on Economic Benefit of ADHC**
 - AB 1415 (Blumenfield) seeks to convert **ADHC** to a **waiver** as a compromise, but is vetoed
 - Public interest law groups amend **federal lawsuit to stop elimination of ADHC**



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- Negotiations with the state result in a legal settlement in late 2011 that halts **ADHC** participant discharges and creates **Community Based Adult Services** as a benefit through the 1115 Bridge to Reform Waiver, administered by local Medi-Cal Managed Care Plans
- 2012** ▪ **Settlement requires 100% review of ADHC participants** for continued eligibility using state nurses and contractors using a standard tool negotiated with lawyers
- Transition of **CBAS** participants to managed care begins in July with County Organized System managed care plans
- CAADS collaborates with ALE to Build a Community Based Health Home with \$2 M grant from SCAN Health Plan
- 2013** ▪ CAADS raises funds and contracts with pmpm Consulting to assist CAADS **ADHC** members in quickly learning and responding to the managed care environment
- 2014** ▪ CAADS sponsors AB 1552 (Lowenthal) to codify **CBAS**. Governor vetoes
- CAADS successfully opposes last minute legislative bill to change CCL **ADP** civil penalty fines
- *Darling v Douglas* settlement expires in August
- CMS approves **CBAS** Standards of Operation and Special Terms and Conditions
- 2015** ▪ CAADS supports increase of CCL **ADP** inspections to every 3 years
- CAADS sponsors AB 1261 (Burke) to codify **CBAS** eligibility. Governor vetoes
- CAADS supports restoration of AB 97 Medi-Cal rate reduction. Governor vetoes
- 2016** ▪ CAADS engages with DHCS to prepare for the state's Section 2703 Health Home Project
- Laurel Mildred Consulting prepare an Impact Report on the Minimum Wage Increase
- Federal Home and Community Based Settings Regulations are released, triggering state work groups for implementation
- CAADS weighs in on AB 2231 (Calderon) sponsored by CA Dept of Social Services to increase civil penalties for serious injury and harm in **CCL** facilities
- CAADS is invited to join DHCS work group to develop core MLTSS questions for the managed care plans Health Risk Assessment to assist with making referrals to **CBAS** centers
- CAADS Quality Work Group meets to develop industry standards for **ADHC** and **ADP** providers
- CAADS engages with state officials to discuss financing and public-private partnerships, and with legislators to discuss policy priorities
- 2017** ▪ CAADS works with Mazars USA to conduct survey of California's managed care plans and large medical groups on perceptions of **ADHC** and **ADP**
- CAADS rallies members and supporters of adult day services to advocate against Congressional efforts to create Medicaid per capita block grants to the states
- CAADS supports Legislative efforts during state budget process to discontinue the Medi-Cal provider rate cuts enacted in AB 97. Vetoed by Governor
- CAADS supports full restoration of adult dental and vision benefits for adult Medi-Cal recipients, beginning January 1, 2018, as approved by the Governor



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- AB 1500 - Elders Living with Dignity, Empathy, Respect, and Serenity (**ELDERS**) Bond Act of 2018 – is introduced in February as a two-year bill, with technical support provided by CAADS and the California Council of the Alzheimer’s Association
- The number of Pre-licensed ADHC memberships in CAADS begins to grow due to the end of the moratorium on new **CBAS** centers
- 2018** ▪ Membership continues to grow, fueled by Pre-licensed and Adult Day Vendorized Programs (centers under contract with Regional Centers for **IDD**)
- CAADS leads effort to revise **ADHC** Standard **ADHC** History & Physical Form, with CDA support. Released 10/25/18, as a best practice
- CAADS suggests IPC revisions to CDA/DHCS through Fall 2018
- Training continues regarding best practices: Motivational Interviewing, Trauma-informed Care, Person-Centered Care; Labor Law; Risk Management
- 11 Webinars are held through December 2018
- CAADS defeats Workers’ Comp classification changes that would have removed **ADS** centers from Classifications 8868 and 9101 created news classes and increased Work Comp rates
- Initiates Logo, Messaging, and Website Modernization Project
- Continue to work with a variety of coalitions to build support and awareness
- 2019** ▪ CAADS succeeds at removing the 10% Medi-Cal supplemental rate cut for **CBAS** providers
- CAADS and CDA partner to provide training on implementing the New **CBAS** IPC
- CAADS committee revises **ADHC** Standard History & Physical Form
- ED participate in a Legislative Staff Briefing to discuss Adult Day Services (**ADS**)
- ED secures a seat on the Master Plan on Aging Committee and the **LTSS** Sub-Committee
- Leadership meets with new CDA Acting Director and Deputy Director to discuss ideas for improving access to **CBAS** and **ADPs**
- Committee works with the Department of Social Services on their Adult Day Program (**ADP**) Emergency Intervention Regulations
- 11 Webinars held through December 2019
- 2020** ▪ CAADS ED as one of 5 Master Plan for Aging LTSS writing team members issues report to Governor March 2020
- Governor declares public emergency due to Covid-19 pandemic and orders stay-at-home order shutting down in person services at ADHCs and ADPs
- Crisis Team forms with CDA and ALE secures grant funding to provide weekly webinars, ongoing guidance and technical support to CAADS’ members during the COVID-19 Pandemic
- CAADS rallies supporters to defeat budget proposal to eliminate CBAS & MSSP by creating a new Long-Term Care at Home Medi-Cal benefit to replace CBAS and MSSP
- Crisis Team Creates Temporary Emergency Services policies and procedures
- CAADS provides two pieces of training on the State Supreme Court ruling for Independent Contractor status, which includes access to Member’s Only Contract Templates



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- Asm. Maienschein agrees to introduce ACR 163: Adult Day Services (**ADS**): Intergenerational Programs, written by CAADS
- CAADS executes a stronger social media presence & launches a new CAADS' website platform
- Staff implement CAADS' Public Awareness Campaign
- Annual conference is held virtually for the first time due to pandemic
- Members attend 37 CAADS & ALE webinars through December 2020

2021

- COVID Crisis Team continues to meet throughout the Pandemic. CAADS budget ask is denied with the rationale of "You were lucky enough that your programs weren't eliminated in 2020"
- Provided ongoing webinars, legal assistance, and training
- Issued updates throughout the pandemic
- Monitored Temporary Alternative Services (TAS) in collaboration with state partners

2022

- CAADS wins \$61.4 M Bridge to Recovery grant funding in state budget

2023

- CDA announces Round 1 of Bridge to Recovery Grant Awards Nov. 2023

2024

- Rate increase: CAADS wins \$16M CBAS rate increase in the face of historic state budget deficit
- CDA announces second round of Bridge to Recovery grants applications



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- 2021**
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- 2022**
 - CAADS begins legislative ask for 61.4 million to fund the “Bridge to Recovery”, AB -2331 for COVID relief funding in the form of grants to be administered by CDA. A CAADS webinar raises \$60,200 in one day to help fund this effort. The accompanying trailer bill is approved in the two-party budget agreement to go to Governor Newsom. The policy bill is approved by both the Assembly Appropriations Committees. Assemblymember Calderon and Senator Hurtado agree to co-author