



DISTRICT DATA  
**PHILIP Y. TING**  
 ADHC / CBAS CENTERS

ASSEMBLY  
 DISTRICT  
**19**

July 2023 CDA Data & Reports

ADHC / CBAS CENTERS	Site City	Center Capacity
Golden State Adult Day Health Care, San Francisco	San Francisco	180
L'Chaim Adult Day Health Care, San Francisco	San Francisco	123
Self Help for the Elderly Adult Day Services	San Francisco	120
<b>Total Participants Served</b>		<b>423</b>

**Community Based Adult Services (CBAS)**

- ✚ CBAS is a Medi-Cal certified and licensed health facility also known as Adult Day Health Care (ADHC).
- ✚ While the majority of people served are elderly, we serve any adult with qualifying chronic health and mental health conditions that put them at risk for nursing home placement.
- ✚ We offer a safe and caring daytime setting to support individuals’ desire to avoid institutional care and live in the community of their choosing.
- ✚ Our centers serve historically underserved and diverse populations, such as those with intellectual and developmental disabilities, behavioral health diagnoses or Alzheimer’s disease, and veterans, newly arrived immigrants, adults experiencing housing instability, and previously unhoused people.
- ✚ We are a person-centered interdisciplinary team of nurses, social workers, dietitians, therapists and health aides who integrate health and human services inside and outside our center.
- ✚ Our centers are required to provide or arrange transportation to and from home to center.
- ✚ **Centers struggle to do this with an all-inclusive Medi-Cal rate that has not increased for 15 years. CAADS submitted a [request](#) to the Administration August 22, 2023 asking for significant state funding for urgent Medi-Cal rate relief and state licensing reforms.**

**Administration**

- ✚ CBAS is a benefit under the state’s federal 1115 Waiver known as CalAIM.
- ✚ The Department of Health Care Services oversees the 1115 waiver and financing.
- ✚ Medi-Cal Managed Care Plans contract with CBAS centers and approve who is eligible for services based on medical necessity.
- ✚ The California Department of Aging certifies CBAS centers as Medi-Cal providers.
- ✚ The California Department of Public Health licenses CBAS centers as ADHC facilities.

For more information contact:



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