



Program of Events

FRESH PERSPECTIVES:

Rebounding, Rebuilding, Reshaping Adult Day Services

The Westin South Coast Plaza, Costa Mesa
November 13-15, 2023



caads

CA Association for Adult Day Services

Day 1 Handouts:

<https://tinyurl.com/5w5wjc7r>

Day 2 Handouts:

<https://tinyurl.com/yc6k9xd6>

Day 3 Handouts:

<https://tinyurl.com/5fhyzjck>

CAADS FALL CONFERENCE

PROGRAM OF EVENTS

Monday, November 13, 2023

7:30 AM — 5:00 PM

Registration & Exhibit Move-in **East Galleria**
Lanyards sponsored by: TurboTAR

7:30 AM—9:30 AM

Morning Refreshments **East Galleria**
Sponsored by: LA Care Health Plan

9:30 AM — 11:45 AM

CAADS and ALE Annual Membership Meeting **Costa Mesa**
(Open to CAADS /ALE Members Only) [No CE Hours]

Lydia Missaelides, MHA, Interim Executive Director, CAADS & Executive Director, ALE
Kay Lee, JD, MPA, President, ALE and Executive Vice President, Commonwealth ADHC Center
Dan Gallagher, M. Ed., President, CAADS and Executive Director, SteppingStone Health
Susan DeMarois, Director, CA Department of Aging
Denise Likar, Deputy Director, CA Department of Aging

12:00 PM — 1:15 PM

CAADS & ALE Networking Luncheon **Gazebo**
Open to CAADS & ALE Members Only

SESSION 1 COURSES | NO BREAK

1:30 PM — 3:00 PM

1A CBAS Documentation Challenges: How to Avoid Plans of Correction

1.5 CE Hours: BRN, OT **Costa Mesa**
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CDA
Julia Smith, CBAS Field Operations Manager, CDA

1B Community Care Licensing: Hot Topics for Adult Day Programs

1.5 CE Hours: CCL **Mesa Verde**
Shelly Grace, Assistant Branch Chief, Adult & Senior Program, CDSS
Araceli Ramirez, Regional Manager, Monterey Park Adult & Senior Care Regional Office, CDSS

SESSION 2 COURSES | NO BREAK

3:15 PM — 4:45 PM

2A Fundamentals of CBAS Documentation: Best Practices

1.5 CE Hours: BRN, OT **Costa Mesa**
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CDA
Julia Smith, CBAS Field Operations Manager, CDA

2B In Case of Emergency, Break Glass: Preparing and Responding to Dangers in the Community and Office

1.5 CE Hours: CCL **Mesa Verde**
Mervin Roxas, Safety Manager, Easterseals Southern CA
Dave Monderine, Director of Training, Get Safe

5:00 PM — 6:30 PM

Welcome Reception and Gift Basket Raffles Among the Exhibits **East Galleria**
Sponsored by: TurboTAR

Raffle tickets may be purchased to support the Alliance for Leadership and Education (ALE). Keep one part of raffle ticket and put other part into the box in front of the item/s you hope to win. No need to fill out Name/Contact info, but you must be present to win.

Don't miss this opportunity to meet with our exhibitors.

Evening

Dinner on your own

Tuesday, November 14, 2023

7:30 AM—6:00 PM

Registration & Exhibits Open **East Galleria**
Lanyards sponsored by: TurboTAR

7:30 AM—9:00 AM

Morning Refreshments **East Galleria**
Sponsored by: Beverly Adult Day Health Care Center

SESSION 3 COURSES | NO BREAK

9:00 AM—10:30 AM

3A Understanding Trauma: Cultivating Compassion, Cultural Congruency, and Healing

1.5 CE Hours: BRN, CAMFT, CCL **Mesa Verde**
Janet Bayarmyan Generales, LCSW, Private Practice

3B Understanding and Responding to Challenging Dementia Behaviors

Sponsored by: Hearts & Minds Activity Center
1.5 CE Hours: BRN, CCL **Costa Mesa**
Tami Anastasia, MA, Alzheimer's and Dementia Counselor and Educator

3C Inclusive, Empathetic Care: Building Authentic Engagement Across Diverse Populations

1.5 CE Hours: BRN, CCL, OT **Viejo**
Sharon Rushing, PhD, MPH, Senior Health Equity Specialist, Health Equity Department, Health Net

10:45 AM—12:00 PM

General Session Keynote **Costa Mesa**
Making Difficult Conversations, Safe Conversations [No CE Hours]

Lorie Reichel-Howe, Founder, Conversations in the Workplace

Drum Circle with Music Mends Minds [No CE Hours]

12:00 PM—1:15 PM

Networking Luncheon **Gazebo**

SESSION 4 COURSES | NO BREAK

1:30 PM—3:00 PM

4A CBAS Surveys: On Your Mark, Get Set, Go!

No CE Hours **Costa Mesa**
Jeanette Fong, Field Operations Bureau Chief, CDA
Julia Smith, CBAS Field Operations Manager, CDA

4B Music is Medicine for the Mind

Sponsored by: KBH Advocacy
1.5 CE Hours: CCL **Mesa Verde**
John Kander, Executive Director, Music Mends Minds

4C Empowering Wellness: Modern Pharmacy Practice in Adult Day Services Through Collaboration and Communication

1.5 CE Hours: BRN, CCL **Viejo**
Adrian Wong, Pharm. D, Assistant Professor, Pharmacy Practice, Touro University, Vallejo

SESSION 5 COURSES | NO BREAK

3:15 PM—4:45 PM

5A CBAS Surveys: Secrets to Creating a Successful Plan of Correction

No CE Hours **Costa Mesa**
Crystal Harmon, CBAS Field & Policy Support Manager, CDA
Patrick Hills, CBAS Field & Policy Support Analyst, CDA

PROGRAM OF EVENTS

Tuesday, November 14 (cont.)

- 5B Medical and Practical Aspects of Care of Persons with Down Syndrome and Alzheimer's Disease**
1.5 CE Hours: BRN, CCL..... **Viejo**
Eric Doran, MS, Manager, UCI Center for Aging Research in Down Syndrome
Kim Bailey, MSG, Alzheimer's Orange County Program & Education Specialist
- 5C What's Language Got To Do with It? The Impact of Using Person Centered Language**
1.5 CE Hours: BRN, CCL, OT..... **Mesa Verde**
Amber Carey-Navarette, Director of Person-Centered Services, Adult Day Services, Easterseals Southern California
Howard McBroom, Advocate, Easterseals Southern California

SESSION 6 COURSES | NO BREAK

5:00—6:00 PM

Peer Perspective Exchange: Stories, Questions, and Insights [No CE Hours]

- 6A Activities Directors**..... **Laguna**
Amber Carey-Navarette, Director of Person-Centered Services, Adult Day Services, Easterseals Southern California
- 6B ADP / ADVP Administrators**..... **Mesa Verde**
Stephanie Wilson, Recreation Superintendent, Older Adult Services & Access Leisure, City of Sacramento
Maria Nicolacoudis, CEO, Hearts & Minds Activity Center
- 6C Nurses**..... **Viejo**
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CDA
- 6D Program Directors / Administrators**..... **Costa Mesa**
Lena Haroutunian, MSW, Program Director, New Sunrise ADHC
Tatyana Kheyfets, MA, Program Director, Golden Castle ADHC/CBAS
- 6E Social Workers**..... **Capistrano (Balboa)**
Kristina Lugo, LCSW, Vice President, Programs, Avenidas

6:00 PM

Exhibits Break Down / Move Out

Evening

Dinner on your own

Wednesday, November 15, 2023

7:30 AM—12:30 PM

Registration Open..... **East Galleria**
Lanyards sponsored by: TurboTAR

7:30 AM—8:30 AM

Morning Refreshments..... **East Galleria**
Sponsored by: Health Net, LLC

SESSION 7 COURSES | BREAK FROM 10:00 AM—10:15 AM

8:30 AM—11:45 AM

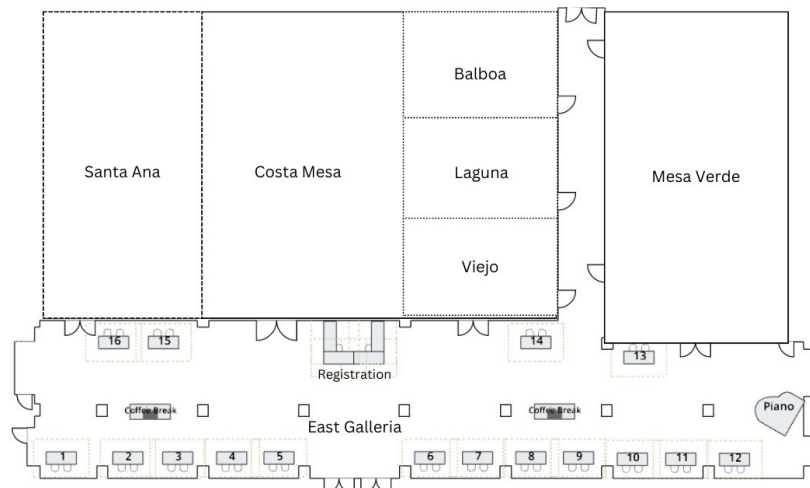
- 7A Emergency Remote Services (ERS) Best Practices**
No CE Hours..... **Costa Mesa**
Jeanette Fong, Field Operations Bureau Chief, CDA
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CDA
Jennifer Jaeger, Field & Policy Support Bureau Chief, CA Department of Aging
CBAS Provider Panelists
- 7B CalAIM, Enhanced Care Management and Community Support Discussion: New Opportunities for Improving Care**
No CE Hours..... **Mesa Verde**
Lena Haroutunian, MSW, Program Director, New Sunrise ADHC
Randy VonFeldt, Manager, Delegation Oversight, Enhanced Care Management (ECM)
Francis Nepomuceno, ECM Program Manager II, Provider Network Management, LA Care Health Plan
Lois Sones, Program Director, Elderday Adult Health Care
- 7C Innovative Activities**
3.0 CE Hours: CCL..... **Viejo**
Pet Therapy
Sandi Long, LCSW, Behavioral Treatment Professionals
Dr. Lilia Sheynman, Forensic Psychologist, Behavioral Treatment Professionals
Differentiating Activities
Maria Nicolacoudis, CEO, Hearts & Minds Activity Center
Intergenerational
Michelle Quiroga-Diaz, LCSW, Vice President of Programs and Services, Adult Day Program, ONEgeneration Intergenerational Daycare Center
Julyana Marquez, Intergenerational Program Specialist, ONEgeneration Intergenerational Daycare Center

12:00 PM—12:30 PM

General Session Closing [No CE Hours]..... **Costa Mesa**
Debbie Toth, CEO, Choice in Aging

12:30 PM

Conference Concludes



THANK YOU SPONSORS AND EXHIBITORS!

DIAMOND SPONSOR & EXHIBITOR

TurboTAR*



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Owned and operated by ADHC owners in San Diego, CA, TurboTAR offers compliant and user-friendly software while providing unmatched service in the ADHC/CBAS community: free eligibility verification, live support, training, billing, reconciliation, revenue cycle management, and more.

Health Net, LLC*



health net

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EXHIBITORS

24 Hour Home Care

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Vice President, Community Supports

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www.24hrcares.com

24 Hour Home Care provides high-quality, customized, innovative, and professional caregiving services to individuals in need of complex care and people with developmental and physical disabilities, allowing them to continue full, active, and healthy lifestyles. Founded by David Allerby and Ryan Iwamoto in 2008, 24 Hour Home Care partners with Regional Centers across California, hiring approximately 12,000 caregivers and administrative staff.

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NADSAs is the leading voice of the rapidly growing ADS industry and the national focal point for ADS providers. Our members include Adult Day Services center providers, associations of providers, corporations, educators, students, retired workers and others interested in ADS.

Paychex

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HR Solutions

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Paychex PEO is an all-in-one HR solution that helps make it easier for you to manage employee benefits, HR, payroll, and compliance. Working with Paychex offers many benefits to businesses like yours, such as simplifying HR tasks to focus on what matters most.

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Poms & Associates is committed to the philosophy that knowledge is the best insurance. By serving as not just an insurance broker, but also an educator, Poms helps organizations adopt risk-management protocols that are efficient, proactive, comprehensive and self-administering. Poms bases our relationships with clients on a complete understanding of their needs. Our practices are transparent, and our goal is simple: giving every client the knowledge, time, products and services necessary to limit their exposure and expand their opportunities.

Ride Health*

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Ride Health, established in 2016, expands transportation access for older adults and individuals with disabilities in 40+ U.S. states, streamlining travel coordination to day programs, medical appointments, and community experiences.

* CAADS Member

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Easterseals Southern California*



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Easterseals Southern California provides essential services and on-the-ground supports to more than 15,000 people each year—from early childhood programs for the critical first five years, to autism services, daily and independent living services for adults, employment programs, veterans' services and more. Our public education, policy and advocacy initiatives positively shape perceptions and address the urgent and evolving needs of the one in four Americans with disabilities today. Together, we're empowering people with disabilities, families and communities to be full and equal participants in society.

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LA Care Health Plan*



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