



# ALE webtalk

Hosted by Lydia Missaelides

**June 16, 2021**

**10:30 am - 12:00 pm**

California Has Reopened!

But What Does it Mean for Adult Day Services?



Made possible by a grant from  
Archstone Foundation



# Webinar Tips



The meeting is being recorded



"Listen only" mode is on



Handouts are accessible using the Handouts Tab



Submit all questions using Q&A feature



"Chat" and "Hand Raise" features are off



Please complete survey at the end of webinar

# June 2, 2021 Webtalk Evaluation: 4.7

1. This was a very informative, practical and emotionally moving webinar. Thank you!
2. Thank you very informative
3. It is nice to hear that everyone is trying similar methods. We are all in the same boat!
4. Thank you for the very informative Webinar.
5. I appreciated hearing the challenges, successes and surprises.
6. Very informative and detailed. Keep up the good work!
7. Thanks to the panelists for keeping it real & informative.
8. Appreciate hearing the different scenarios and challenges of restarting congregate care, and how various organizations are handling them. Some of the information went by more quickly than I could take notes, so hopefully the recording is available as well. Thanks for an informative session!
9. Great and practical tips, various examples to choose from .Great panelists. Thanks and appreciation you guys.

10. It's a great panelist discussion.
11. Very helpful to manage transitional operation. A lot of genuine efforts and ideas I appreciate. Thanks!
12. LOVED the examples provided...keep these examples coming! Hearing from different facilities and referring to sample documentation of care plans were especially helpful for us to modify as we see fit for our specific facility and participant/staff population!
13. Thank you once again for a very helpful and informative webinar. The panel is amazing and I want to thank them for taking time out of their busy days to provide us with their knowledge and experience.
14. Panel was over the top helpful in both affirming our team's thinking and providing new ideas. Excellent leaders!
15. Examples were fantastic, thanks to the presenters for sharing.
16. Direction and guidance is valuable. My concerns r/t evaluations and IPC-RA are less after hearing what others have done.
17. Thank you for these helpful webinars

# Panelists

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**Lena Haroutunian**, MSW, Program Director, New Sunrise ADHC, Northridge

**Kay Lee**, J.D., MPH, Vice President Commonwealth ADHC, Buena Park

**Richard Lee**, Program Director, Beverly ADHC, Los Angeles

**Diane Puckett**, Founding Executive Director/Administrator, Peg Taylor Center, Chico

**Lois Sones**, LCSW, Elderday, Santa Cruz

**Jill Sparrow**, MSW, Chief, CBAS Branch, CDA

# Agenda

- 1) Status of State Reopening & Guidance
- 2) How Does it Apply to Adult Day Services?
- 3) July & August Work Ahead
- 4) Revisit Assessment, Evaluation & Care Planning Process
- 5) Panelist Share and Learn
- 6) Audience Q&A
- 7) Resources & Calendar
- 8) Thought for the Week

# Guidance Update



# Anticipated Guidance for ADHC/CBAS

The CA Department of Public Health (CDPH) “All Facility Letter (AFL)” providing specific standards for **Adult Day Health Care (ADHC)** is going through internal review at this time.

Release date is not yet known.

Meanwhile, because they are **health care facilities**, ADHC/CBAS centers must comply with the state requirements for masking and distancing indoors.



# Public Health Order for the General Public (6/15/21)

- [The Public Health Order](#) of June 11, 2021, allows **fully vaccinated** (2 weeks from last vaccine dose) people to go out **mask-free** in **SOME** public places but **NOT** in the following settings, effective June 15th:
  - **Health care settings, including ADHC/CBAS**
  - Public transportation
  - Long term care facilities
  - K-12 schools, or other youth settings, when indoors
  - Homeless, cooling, or emergency shelters
  - Correctional and detention centers
- **Unvaccinated** people must **wear a mask** in **ALL** public indoor settings. ([guidance for face coverings \(ca.gov\)](#))
- Businesses may ask for vaccination verification . You can require everyone to wear a mask in the center, regardless of vaccination status

**Remember, ADHC/CBAS is a Health Facility, and additional rules apply  
Adult Day Programs (ADPs) have additional guidance  
from the Dept. of Social Services Community Care Licensing**

# Cal OSHA Guidance



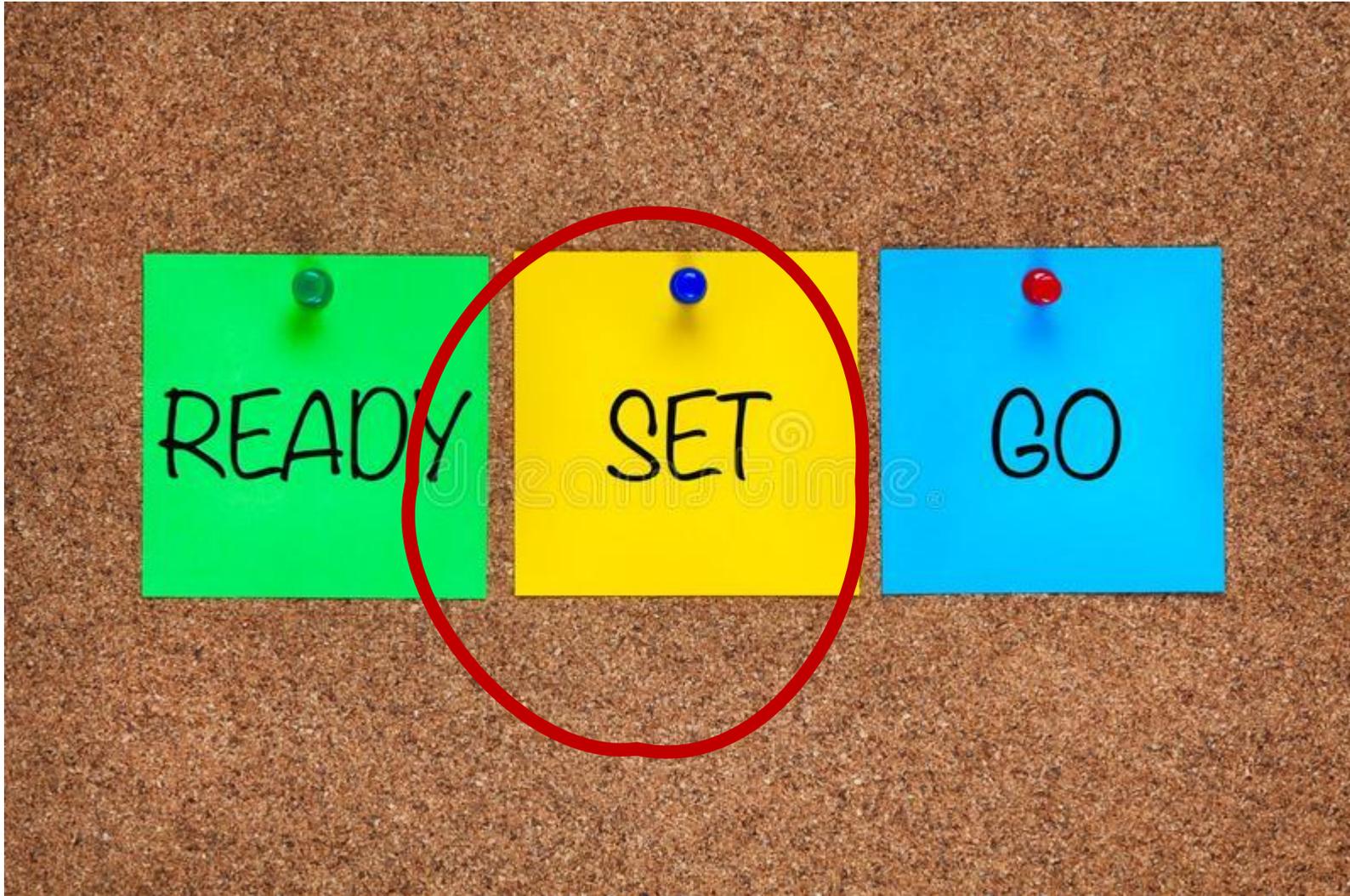
California Department of  
**Industrial Relations**

- The Cal OSHA Safety & Health Standards Board is expected to adopt updated workplace [regulations](#) on June 17<sup>th</sup>, to take effect at the end of June (CalOSHA [news release 2021-60](#))
  - **Meanwhile the current Emergency Temporary Standards from November 2020 are in effect**
  - **A COVID Prevention Program (CPP) is still required as part of your Illness and Injury Prevention Program**
- Call **(800) 963-9424** or [InfoCons@dir.ca.gov](mailto:InfoCons@dir.ca.gov) for assistance from Cal/OSHA Consultation Services

# CDSS Community Care Licensing Guidance

- The Department of Social Services Community Care Licensing's updated guidance for **Adult Day Programs** is going through internal review, now
- A Provider Information Notice (PIN) specific to Adult Day Programs will be released
- A training Webinar for ADPs is expected to follow

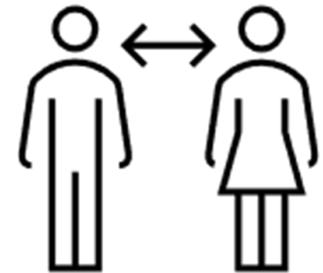




# What Does Reopening Mean for ADS?

## California is Open, With Some Restrictions

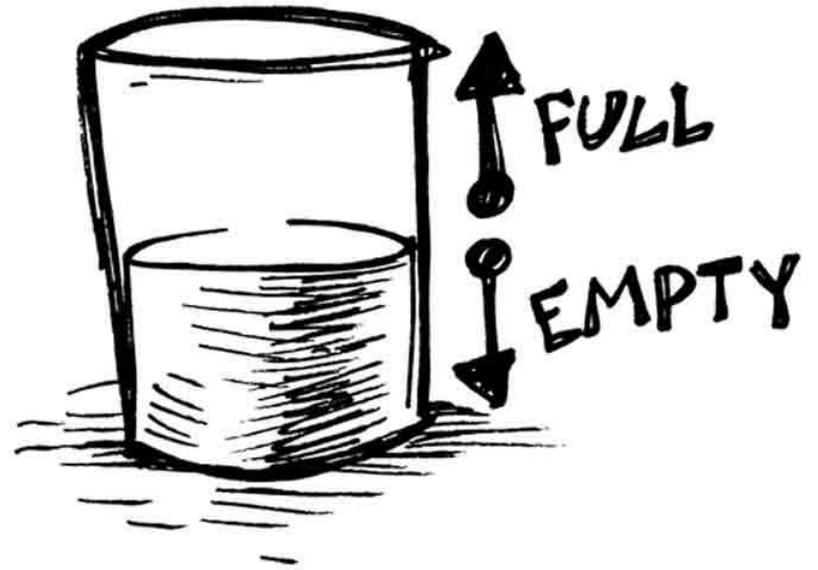
- The 6/15 Public Health Order is aimed to the **general public** and private businesses; Aligns with CDC guidance.
- **ADPs and ADHCs have additional rules because of licensing by CDSS and CDPH.**
- **CalOSHA** adds more rules for employee protection that apply to you
- Additionally, there may be **county public health orders** that could be stricter than the state's rules. Follow the strictest.



# Until further notice...

Regardless of participant and staff vaccination status all programs must:

- Maintain 6 foot spacing in center and on vans
- Wear [face coverings or masks](#) when indoors
- Screen for temperature and signs of infection each day
- Use outdoor space to the extent possible
- Improve indoor ventilation as much as you can
- Stagger arrival and departure times for participants
- Practice good hand hygiene



# Vaccinations

- Continue supporting participants with vaccination education and resources to access COVID-19 shots
  - MyTurn website now provides appointments for in-home vaccination
  - Mega-sites for vaccinations are closing down
  - Neighborhood outreach and pharmacies are more accessible than ever
  - Often, no appointment is needed!
- Uber & Lyft offering free rides to vaccination sites



I need help with transportation to a vaccine clinic, or I need a home appointment because I am unable to leave home due to limited mobility or fragile health.

NOTE: Someone will call you to help schedule transportation or home appointment

Yes

No

CMS is encouraging hospitals, E.D.s and NFs to offer vaccinations

# ADPs & Regional Center Funded Programs

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- Adult Day Programs serving older adults are also in various stages of re-congregating
- Adult Day Programs serving regional center funded participants are providing alternative services now and in various stages of re-congregating at the center or in the community
- Additional guidance for these programs comes from CDSS Licensing, Dept of Developmental Services, and/or Regional Centers

# Happening Now

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For CBAS, **in-Center services resume now**, beginning with TAR reassessments due for July dates and evaluations of everyone coming in for center-based services

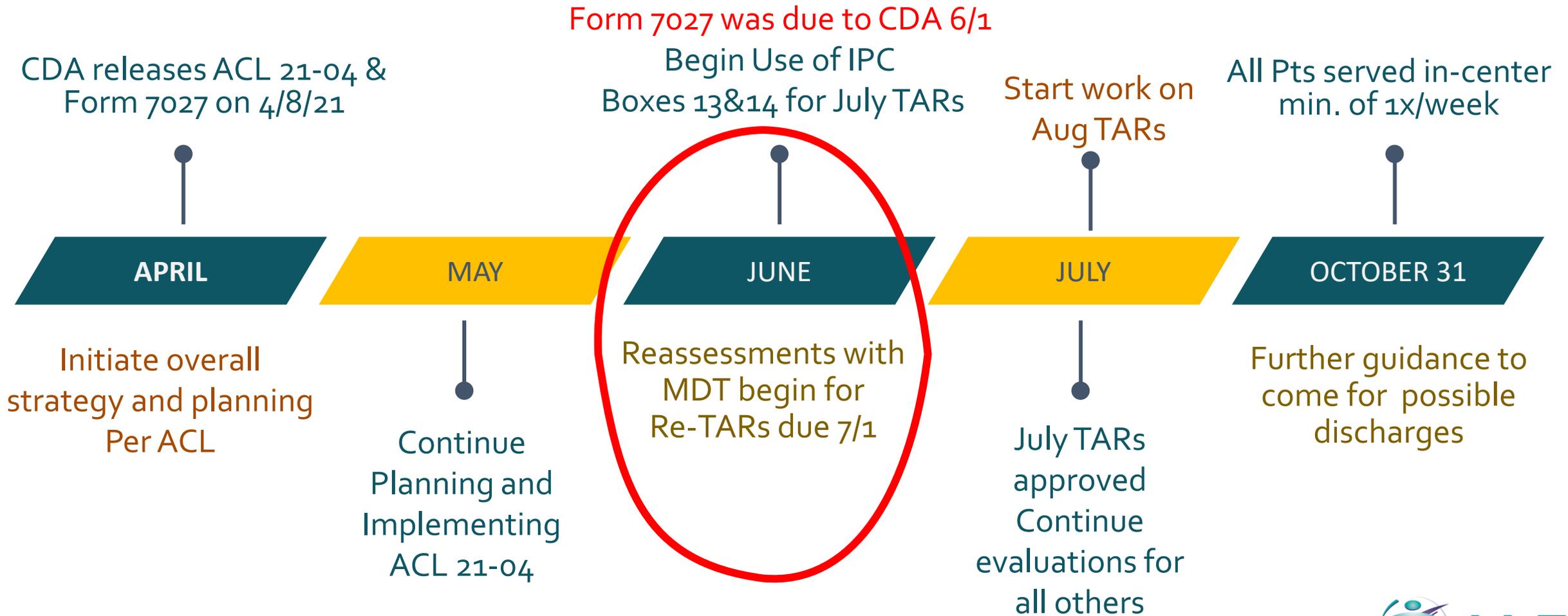
**Adult Day Programs** have no comparable deadline because they were never ordered to “de-congregate”

- Programs funded by Regional Centers will be following DDS and other funders’ guidance, too.

**For CBAS**, all participants will be scheduled to be served on at least one day a week in the center by 10/31/2021.

- **This is a NOT LATER THAN DATE** so centers should aim for doing so by 10/1/2021, if not SOONER.
- Participants not returning to in-center services by that time will be discharged in coordination with their managed care plan

# KEY DATES FOR RESUMPTION OF CBAS CONGREGATE SERVICES



# Deadline to Resume CBAS Congregate Services

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The Public Health Emergency will end some day, and so will the alternative services flexibilities.

- Alternative Services will not continue indefinitely! You must plan for and begin the return to center-based services and get your full teams back to work as soon as possible.
- We know hiring is a challenge, so that is why we encourage you to begin hiring now!
- **Remember, your unique status** among providers of Long Term Services & Supports **is congregate care!**

# June & July CBAS Tasks

- ✓ **Do not enroll more participants than you can safely serve** within the restrictions created by your facility size and licensed capacity and based on your weekly schedule once you resume in-center services.
- ✓ **If a participant's needs have reduced as conditions in the community have improved**, readjust their schedules in accordance with their current level of medical necessity and documented need for CBAS/TAS.
- ✓ **Evaluate the need for skilled therapies** as soon as you can for participants who need to regain strength and stamina in order to return to group services.
- ✓ **Set up a draft schedule for re-assessments through December 2021**, to ensure that you can cover all participants.
- ✓ **Conduct Evaluations as described in ACL 21-04** for those whose TARs are not yet due but who need to be reviewed so that their services in the center can start back up.







# Linking remote and in-center services through the evaluation process



# What is an “Evaluation?”

Think of it as a re-evaluation process: a set of “mini-assessments” to find out how a participant is doing and whether they are ready and able to return to congregate services.

This is for people whose TAR is not due and who want and need to return to the center prior to their month of reassessment.

You need to have a **currently relevant** care plan to use for their continuing TAS as well as for when their services begin again in the center.

Therefore, you cannot re-start their congregate services until you have re-evaluated the participant so your staff team knows how they are doing and what their updated care plan should be for both in-center and TAS.

# Purpose of Evaluation

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## To learn what you need to know...

- ✓ Before the participant can be **scheduled** for congregate services
- ✓ Before the participant **can be safely served in the Center for the day**
- ✓ **In order to provide services once they are back in the center, even just one day a week,** that address the participant's current needs **and medical necessity** for CBAS-TAS
- ✓ **In order to be person-centered;** i.e., provide services that the participant wants
- ✓ **Is an ongoing process over time – not just one point in time**

# Evaluation helps you...

Get the information you require to safely and effectively serve the participant and address their needs **in ways that will improve their health.**

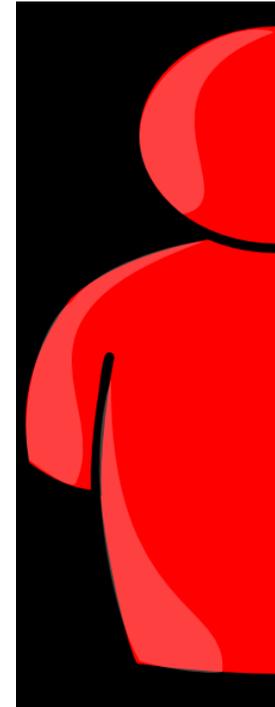
**This includes the participant's:**

- Feelings about returning
- Overall state of mind
- Memory and cognition
- Transportation and housing needs
- New health problems and medications
- Recent falls or hospitalizations
- Current status of conditions



# Get the full picture

- Many participants have not been seen in person by the team for more than a year
- If it seems that you need to do a full assessment process, then keep going as far as you need to go until you have all the information you need to serve participant safely and effectively
- Evaluation overlaps with concept of the assessment process



# Nursing physical assessments include:

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**Nursing is a core service at ADHC/CBAS and TAS** because all of our participants have serious health conditions that create their **medical necessity** for this program.

- Once the history is obtained, the nurse proceeds to the physical assessment. During this assessment, objective information is obtained to accompany the subjective information offered by the older person.
- Objective information helps the nurse determine the person's abilities and limitations. It may verify the subjective information given by the older person; it may also reveal problems that were previously unrecognized.

# Key Concepts

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We must **always assess** whenever needed, modify the participant's care and care plan as necessary, and document the assessment, results of the assessment and changes in the care plan.

**Remember:** The care plan describes what you are providing for the participant.

The "IPC" (DHCS 0020 revised 07/2019) is the document used to submit the care plan for approval.

# Evaluation is also a way to prioritize

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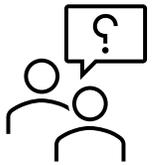
- Driven by the participant's needs
- As the participant resumes in-center services, determine further areas needing to be assessed, address them as quickly as possible, and stay alert to **necessary care plan changes**.
- Prioritize essential concerns such as balance, medication changes, and state of mind.
- Remember: **evaluation and assessment are always continuous** in CBAS/TAS, and changing needs require updated approaches ***EVEN THOUGH THE IPC MAY NOT BE DUE YET!***

# Pay attention to...

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How have things been going for the participant at home.



Try some open-ended questions for getting a sense of this:

- What has it been like to be at home during this time?
- Who has been helping you?
- How have you been feeling?
- What have you been eating?
- Who have you been seeing?
- How are things with your family?
- What's it like getting around inside your house?
- How do you use your assistive equipment (walker, etc.)?
- Is there anyone who helps you with this?
- What have you talked about with your doctor?
- Has anything been worrying you?
- What do you enjoy?
- Is there anything you'd like to change?

# Linking Remote and In-Center Services

As participants are evaluated or formally re-assessed, centers need to define how they will provide TAS to each individual participant:



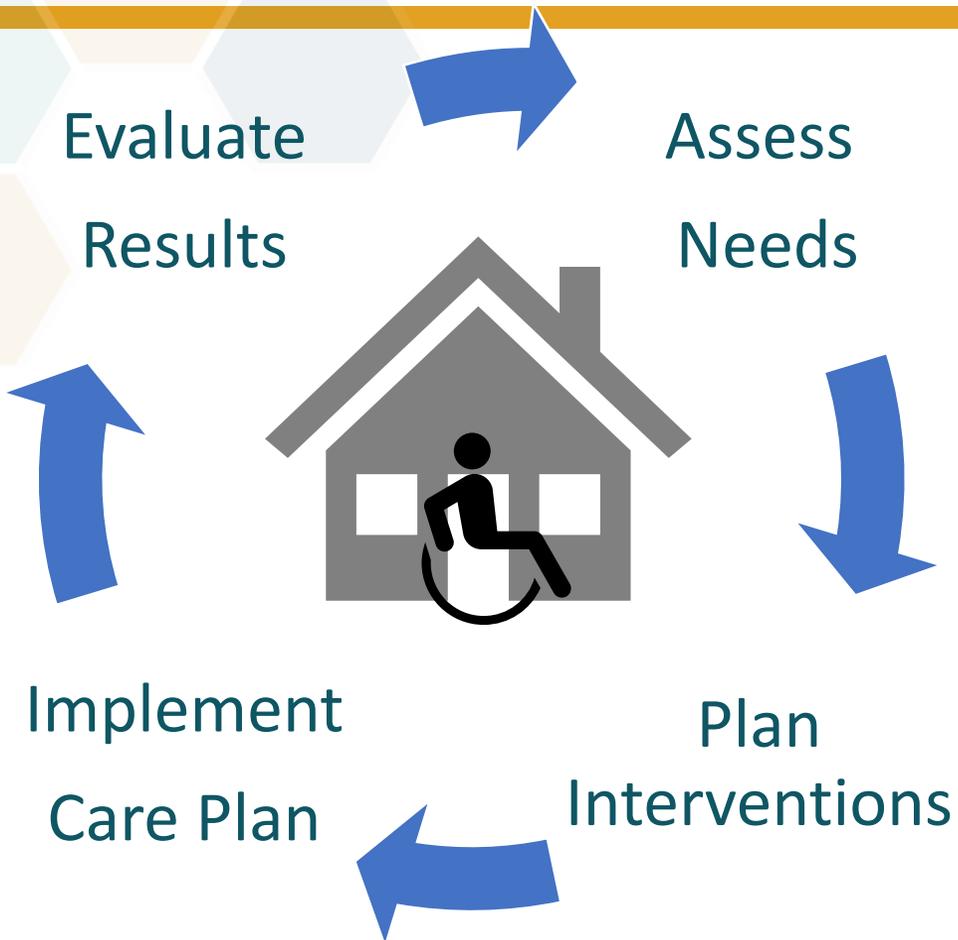
- **Outside of the Center** – This includes services in the home, on the doorstep and through telehealth



- **In the Center** – This includes **individual and group services** offered within the center facility, which must be provided on a regular weekly schedule no later than October 31<sup>st</sup>.

**Both kinds of TAS must address valid, continuing needs.** The evaluation and assessment processes offer the opportunity to get a fresh look at those needs. All services must be **person-centered**; don't use the same generic approaches for all participants.

# Let's Review: Care Planning Cycle



Teams must continually identify pts' and caregivers' emerging needs and problems in a person-centered manner; respond through targeted interventions; evaluate results; and document what they've done.

# To Avoid Cookie Cutter Approaches...

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## Best practice approaches include addressing:

- **Vital signs** – Any emerging or continuing concerns or related conditions
- **Changes in Health** – Timing of changes; physicians you need to inform
- **Changes in ADL's, IADLs** – Therapy reassessments and needs
- **Changes in Medical Care** – Update health records and care coordination
- **Risk Factors** – New Concerns? Care plan updates or referrals needed?
- **Recent Medical Records** – Review for new information and discrepancies and to ensure continuity of care

# A Sample Readiness Summary Form

- Center-specific process which will result in participant-specific forms.
- Center’s documentation can determine how thorough or streamlined the process will be.
- Additional MDT staff brought in as needs are identified on individual basis.
- Builds off current existing care plans to address changes and modification that may be necessary.

## PARTICIPANT READINESS EVALUATION SUMMARY (RETURN TO CONGREGATE SERVICES)

Participant Name:	MR#:	Date:
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\*Any qualifying indicators on following list will be addressed in Notes section below.

PHYSICAL/COGNITIVE CONSIDERATION	YES	NO
Significant event/decline in ability/function in past six months	<input type="checkbox"/>	<input type="checkbox"/>
Referral required for additional evaluation by OT/PT/Diet/ST	<input type="checkbox"/>	<input type="checkbox"/>
Changes required to existing MDT care plans	<input type="checkbox"/>	<input type="checkbox"/>
Able to tolerate congregate services at minimum of 1x/week	<input type="checkbox"/>	<input type="checkbox"/>
COVID-19 Vaccine received	<input type="checkbox"/>	<input type="checkbox"/>
SOCIAL BARRIERS	YES	NO
Demonstrates satisfactory understanding of safety protocol for congregate	<input type="checkbox"/>	<input type="checkbox"/>
Demonstrates satisfactory understanding of modified program for congregate	<input type="checkbox"/>	<input type="checkbox"/>
Participant hesitant/unwilling to return to congregate services at current time	<input type="checkbox"/>	<input type="checkbox"/>
DOCUMENTATION	YES	NO
COVID-19 Vaccination Record	<input type="checkbox"/>	<input type="checkbox"/>
Primary Care Physician History and Physical (within the past six months)	<input type="checkbox"/>	<input type="checkbox"/>
Care Plan Indicated on IPC	<input type="checkbox"/>	<input type="checkbox"/>

**Notes:**

Anticipated return date to congregate services	
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MULTIDISCIPLINARY TEAM	
RN:	RD:
SW:	ST:
AC:	
OT:	
PT:	



**You Can Do It!**



# Panel Discussion

## Q & A

Submit your questions in the Question Box. If directed to a specific panelist, please indicate.



# Resources/Guidance

## Public Health Order of June 11, 2015 – Beyond Blueprint

### CA Dept of Aging

- [ACL 21-04](#) Transition to Congregate Services
- [ACL 21-05](#) Frequently Asked Questions (FAQ) #7, CBAS Phased Transition to Congregate Services

### CA Dept of Social Services

- [20-33 ASC](#) ADP Covid-19 Guidelines
- [21-17.2 ASC](#) Group Activities, Dining
- [21-21 ASC](#) ADP Operations

Good article on reopening office space

<https://www.nytimes.co/2021/06/11/health/coronavirus-reopening-office.html>

# Upcoming ALE webtalks & Other Trainings

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All webinars are held Wednesday 10:30 am to Noon,  
1st and 3rd Wednesdays of the month, unless otherwise noted

- June 16 1:00 – 3:00 pm Dept of Social Services Covid-19 Webinar “Regaining What Was Lost Physically, Mentally, And Socially (see [PIN 21-29-ASC](#) to register)
- June 17 CDA Quarterly Update Webinar 2:00 pm – 3:30 pm (register [here](#))
- July 07 Facing our Covid Challenges: Ways to Support Mental Health and Healing for Provider Teams and Participants, Featuring Suzie Gruber, MA
- July 21 Preparing for Emergencies: Fire, Smoke, Heat, Power Shut-offs
- Aug 04 **Topic to be announced** (Tent. Hiring & Retention)
- Aug 18 **Topic to be announced** (Tent. Congregation Celebration!)

# Thought for the Week

