



California Association for Adult Day Services

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CAADS Board Officers

PRESIDENT

Mark Kovalik

Among Friends ADHC Center
Oxnard

VICE PRESIDENT

Corinne Jan, RN, PHN

Hong Fook Centers /
Family Bridges, Inc.
Oakland

TREASURER

Kathleen Kolenda

Easter Seals Southern California
Brea

SECRETARY

Mary Ann Ratto

Building Hope Adult Day Center /
Camarillo Health Care District
Camarillo

IMMEDIATE PAST PRESIDENT

Celine Regalia, MSW, MA

CCC-SLP
Collabria Care
Napa

CAADS Board Members

Amy Andonian

Avenidas
Mountain View

Maureen Dunn, MSW

Mills-Peninsula Senior Focus
Center Adult Day Health
Burlingame

Oleg Kinder

Golden Castle ADHC Center
Palo Alto

John Menchaca, MPA

El ARCA Community Based Adult
Services
Bell

Barbara Porter, PsyD

Rehabilitation Services of Northern
California
Pleasant Hill

Dawn Myers Purkey, MSW

Yolo Adult Day Health Center
Woodland

Lois Sones

Community Bridges Elderday
Santa Cruz

Anna Swift, LCSW

ONEgeneration Adult Daycare
Van Nuys

Cheri Taylor

Valley Adult Day Services
Porterville

Terri Whitmire, MA

Lodi Health Adult Day Services
Lodi

Stephanie Wilson

Triple 'R' Adult Day Programs
Sacramento

Vladimir Yepishin

GetTogether Adult Day Health Care
Torrance

Core Purpose

The purpose of the California Association for Adult Day Services (CAADS) is to inspire, provide leadership and facilitate the success of its members who support and assist people with long-term challenges in realizing their individual potential.

Core Values

Making a difference through leadership and pioneering actions

- Serving individuals, families, and community with compassion
- Respect for individuality and independence at all stages of life
- Achieving excellence through innovation, creativity, resourcefulness, and change

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Lydia Missaelides, MHA

Executive Director

Kathryn Atkinson
Director of Membership
& Communications

Sherice Dean, MS
Education & Events
Manager

Phylliss Regino
Office Assistant /
Bookkeeper

Coni Ricci
Office Assistant /
Event Registrar

CALIFORNIA ASSOCIATION FOR ADULT DAY SERVICES

BOARD OF DIRECTORS

Under the leadership of CAADS President **Mark Kovalik**, the CAADS Board of Directors met five (5) times in 2016, including a two-day joint planning retreat with the Board of the Alliance for Leadership and Education.

CAADS Board Vice President **Corinne Jan** and Executive Director **Lydia Missaelides** continue to serve on the Board of the National Adult Day Services Association (NADSA), and actively participated as members of the NADSA Executive Director Search Committee.

CAADS leadership continues to strengthen alliances and relationships with key policy leaders and decision makers at the federal, state and local levels.

MANAGED CARE RELATIONSHIPS AND PROGRAMS

- CAADS continued to engage **pmpm[®] Consulting Group of WeiserMazars LLP** to help CAADS leadership team and members navigate the managed care environment and develop “value proposition” proposals for health plan partners to consider as pilot projects. CAADS Executive Director and Russ Foster also participated in a number of meetings with potential partners interested in furthering the creation of a Clinically Integrated Network of like minded providers.
- **Lydia Missaelides** met regularly with **Managed Care Plans**, both in person and telephonically, providing consultation, technical assistance and information about the Community Based Health Home project and results.
- CAADS continued to serve a role as facilitator of communication with the state departments, health plans and providers to solve problems with enrollment, billing, authorizations and more.
- CAADS participated in numerous stakeholder discussions about the California Department of Health Care Services **Section 2703 Health Home Program**. A direct result of CAADS’ efforts and coaching is the pending agreement between CAADS member **Collabria Care** and Partnership Health Plan to designate Collabria Care as the first CBAS-based Health Home in California, and possibly the United States.

ADVOCACY AND PUBLIC POLICY

CAADS engaged the services of **Laurel Mildred**, of Mildred Consulting, to work with Executive Director Lydia Missaelides and members in representing our interests from January to June 2016.

Public policy and advocacy focus areas included:

Medi-Cal Provider Rate

CAADS joined with the coalition of providers seeking to restore, through the state budget process, the 2011 10% reduction in Medi-Cal fee-for-service and managed care rates paid to CBAS and other providers. CAADS also met with the Department of Finance and the new Deputy Director and Assistant Deputy Director for Health Care Financing with the Department of Health Care Services to discuss the impact of the low reimbursement rates on center viability and quality.

Status:

Legislature did not act to include rate restoration in state budget sent to Governor Brown.

Workplace Violence Regulations

CAADS provided in-person and written testimony to the CALOSHA Board about the impact of proposed workplace violence regulations on non-institutional settings such as ADP and ADHC centers and continued to monitor the status of the regulatory package.

Status:

Final regulations approved by CALOSHA Board in October 2016. Expected implementation in 2017, after Office of Administrative Law review.

Adult Day Program Civil Penalty Fees

Monitored AB 2231 (Calderon) sponsored by the Department of Social Services Community Care Licensing (CCL) which built on 2014 legislation (AB 2236) to further define violations resulting in serious bodily injury or death with associated fines for CCL licensees, including Adult Day Programs (ADPs).

CAADS ADP Committee reviewed AB 2231 and made suggestions to the author that satisfied the ADP Committee’s concerns. As a result, CAADS did not take an official position on AB 2231.

Status:

Signed into law. Chapter 823, Statutes of 2016.

CALIFORNIA ASSOCIATION FOR ADULT DAY SERVICES

Support for Alzheimer's Early Detection

CAADS provided a letter of support for one-time funding of \$2.5 million for improving early detection of Alzheimer's disease. This was one of the few aging initiatives included in the state budget and then approved by Governor Brown.

Alzheimer's Initiative for 2017

Susan Demarois and **Ruth Gay**, with the state Alzheimer's Association, and consultant **Diane Puckett** met to discuss opportunities to partner on an Alzheimer's initiative to improve access to specialized community-based care.

Aging & Long Term Care Committee

Lydia Missaelides was invited to meet with **Assembly Member Cheryl R. Brown** (District 47) and her staff, along with selected aging advocates to discuss priority policy needs.

Rate Methodology Meetings

In October, Lydia Missaelides met with **Lindy Harrington**, Deputy Director Health Care Financing at DHCS, to obtain current information about Medi-Cal managed care rate methodology, and in particular, how the CBAS component of the rate is developed.

Public Private Partnership

Lydia Missaelides met with **Diane Stanton**, the new executive director of the California Health Facilities Financing Authority CHFFA, to begin a dialogue about potential public private partnership with CHFFA and CAADS to improve access to adult day services in underserved areas or for underserved populations.

Minimum Wage Increase

In April, CAADS conducted a survey of its members to determine what impact an increase in the minimum wage would have on the adult day services industry, and developed a "white paper" for the CAADS Board of Directors to assist in local and state advocacy efforts.

NATIONAL ADULT DAY SERVICES ASSOCIATION



CAADS nominated **Denise Peach**, Chief of the Community Based Adult Services Branch of the California Department of Aging, for the *Senator John Heinz Memorial Award*.

Ms. Peach received the prestigious award at the 2016 National Adult Day Services Conference in Indianapolis, IN in recognition of her efforts to preserve adult day health care services in California and champion the transition of Medi-Cal beneficiaries to the new Community Based Adult Services program offered through managed care health plans.

Also receiving a national award was **Amber Carey-Navarrete**, Program Director for Easter Seals Bellflower Adult Day Services.



Ms. Carey-Navarrete received a *2016 Innovator Award* for her exemplary implementation of person-centered care at her center and within the Easter Seals team nationally.

Corinne Jan, CAADS Board Vice-President, and **Kathy Atkinson**, CAADS Director of Membership and Communications, attended the national conference on behalf of CAADS and participated in presenting the NADSA awards.

STATE GOVERNMENT WORKGROUPS

During 2016, CAADS leaders, members and staff actively participated in a number of government sponsored workgroups, including:

Home and Community-Based (HCB) Settings Transition Plan for Community-Based Adult Services (CBAS) Program

Three meetings were held in 2016 to continue work that began in 2015 to design the CBAS components of the CMS rule for HCB Settings and California's 1115 Bridge to Reform Demonstration Waiver, Special Terms and Conditions (STCs), Items 95 and 96.

Implementation of the CMS HCB Settings Transition Plan deadline is **March 17, 2019**, although the requirements for person centered care are in effect now.

These components include:

- 1. The revised Draft CBAS Individual Plan of Care (IPC).**
Purpose
To comply with the person centered requirement of HCB settings rule.
Implementation
March 2017. The person centered requirements went into effect in 2015, however.
- 2. The standardized CBAS Participation Agreement.**
Purpose
To comply with the person centered requirement of the HCB settings rule.
Implementation
March 2017.
- 3. The CBAS Quality Assurance and Improvement Strategy (CBAS Quality Strategy) for measuring the quality of care delivered by CBAS providers.**
Purpose
To comply with the 1115 Waiver STCs.
Implementation
Beginning in 2017, this will roll out over five years.

DHCS Work Group on Health Risk Assessment

Executive Director **Lydia Missaelides** was asked to join a DHCS work group charged with designing evidence-based core questions for inclusion in the Medi-Cal Managed Care Plans (MMCP) Health Risk Assessment (HRA) questionnaires. The core questions are intended to alert the MMCP to make a possible referral to Long Term Services and Supports such as CBAS or ADP centers. The work group met four (4) times through October and is expected to meet several more times to finish this impactful work.

Alternative Scheduling For CBAS

Lydia Missaelides facilitated meetings with CDA and providers to discuss a request to design a pilot project for alternative participant scheduling to improve access to care and efficiency of operations.

Health and Human Services Agency's Olmstead Advisory Committee

Lydia Missaelides continued to serve as a charter member on the Health and Human Services Agency Secretary's Olmstead Advisory Committee.

California Collaborative for Long Term Services and Supports (CCLTSS)

CAADS continued its membership with the CCLTSS offering perspectives from the CBAS and ADP consumer point of view, as well as expressing issues of concern to providers regarding access to care, rate adequacy and the Coordinated Care Initiative.

At the invitation of the Collaborative, **Lydia Missaelides**, along with CAADS leaders **Dawn Myers Purkey** (Yolo Adult Day Health Center), and **Celine Regalia** (Collabria Care), made a 30 minute presentation on the Community Based Health Home model designed by the Alliance for Leadership and Education. The audience included representatives from CMS, DHCS, the SCAN Foundation, Medi-Cal managed care plans, and other LTSS colleagues.

CAADS WORK GROUP ON QUALITY

CAADS Quality Work Group continued to meet in 2016 to design quality indicators for adult day services. This work was parallel and complementary to the CDA stakeholder work group to design a CBAS Quality Strategy.

CALIFORNIA ASSOCIATION FOR ADULT DAY SERVICES

EDUCATION AND TRAINING

CAADS provided the following education and training for adult day services providers in 2016:

JAN 21 | Industry Webinar | Registrants: 73

Prospects for 2016:

CAADS Initiatives and the State Budget

MAY 11-13 | Burlingame | Registrants: 131

The Quality Imperative: CAADS Spring Conference

MAY 26 | Industry Webinar | Registrants: 33

Adult Day Services in the Managed Care Environment: A Primer for Prospective Providers or New Managers

JUN 2 | Invitational Webinar | Registrants: 29

Person Centered Care In Practice: Progress and Reflections on the Journey A Conversation with Beth and Lyn

SEPT 15 | Industry Webinar | Registrants: 23

How to Help Protect Your Participants From Medicare Scams and Fraud

NOV 15 | Garden Grove | Registrants: 199

Pre-Conference Intensive: The New CBAS Individual Plan of Care

NOV 16-18 | Garden Grove | Registrants: 210

The Quality Imperative: CAADS Fall Conference

New CE Provider Approval

In the summer of 2016, CAADS completed a rigorous application process and received approval from the **California Association of Marriage and Family Therapists** as a qualified Continuing Education (CE) provider for:

- Licensed Marriage and Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Educational Psychologist (LEP)

CAADS had been approved by the California Board of Behavioral Sciences (BBS); however, the BBS no longer approves CE providers.

Sherice Dean Joins CAADS Staff

In August, **Sherice Dean** joined the CAADS team as Education & Events Manager. She brings enthusiasm and experience in event management and teaching. She holds a Master's degree in Nutrition and Exercise from Oregon State University.



MEMBER SERVICES

CAADS staff continued to assist members and the public with requests for information / help with:

- Pre-application screening process for prospective ADHC / CBAS providers
- Differences between the ADHC / CBAS (medical model) and ADP (non-medical model) of adult day services
- Licensing fees / process for ADHC / CBAS
- Licensing fees / process for ADP centers
- Finding centers with specific services
- Regulations for ADHC / CBAS
- Regulations for ADP
- Coordinated Care Initiative (CCI) questions from providers and consumers
- Best Practices and standard forms/policies
- Finding industry consultants / vendors

MEMBERSHIP REPORT

Membership remained fairly even in 2016 compared to 2015, as shown in the chart below. In response to growing interest from providers who exclusively serve persons with developmental disabilities through Regional Center vendorization, the CAADS Board of Directors approved a new membership category: **Adult Day Vendorized Program (ADVP)**. Application for ADVP membership is now being accepted for the CAADS 2017 membership year.

CAADS Membership Summary -- 2016

Active Members December 31, 2015	175
Inactivated Members JAN 1 – DEC 7, 2016	- 22
New Members JAN – OCT, 2016	+ 20

Active Members October 31, 2016	173
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Members by Category October 31, 2016:

Pre-Licensed Provider	23
Year 1 New Licensee / Ownership	2
Year 2 New Licensee / Ownership	1
Year 3 New Licensee / Ownership	2
Licensed Provider (4+ years)	111
Associate: Allied/Community Organization	7
Associate: Consultant	3
Associate: Corporate Office	5
Associate: Health Care Provider Partner	6
Associate: Honorary Member	3
Associate: Vendor	10

Members by Category October 31, 2016	173
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CALIFORNIA ASSOCIATION FOR ADULT DAY SERVICES

MEMBER COMMUNICATIONS

CAADS Staff continued to keep members and others interested in adult day services informed by issuing:

- 10 *Members Only* Alerts
- 56 Website Update Notices
- 5 JobLine Announcements
- 5 Webinars

TOPS TRACKING OUTCOMES FOR PROGRAM SUCCESS



The *TOPS Database Users Manual* and *Participant Progress Report* were both updated in 2016, to support the work of the Alliance for Leadership and Education's Community Based Health Home (CBHH) project.

TREASURER'S REPORT

STATEMENT OF FINANCIAL POSITION AS OF DECEMBER 31, 2015

BALANCE SHEET

ASSETS

Total Assets	484,384
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TOTAL ASSETS	<u>\$ 484,384</u>
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LIABILITIES

Current liabilities

Deferred Dues	401,477
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Income	
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Other Liabilities	29,447
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Accounts Payable	730
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	<u>\$ 431,654</u>
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TOTAL LIABILITIES	<u>\$ 431,654</u>
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EQUITY

Retained Earnings	183,832
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Net Income	(131,102)
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Net Assets	52,730
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TOTAL LIABILITIES AND EQUITY	<u>\$ 484,384</u>
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STATEMENT OF INCOME AND EXPENSE

INCOME

Dues	312,805
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Programs	184,863
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Donations	7,050
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Reimbursements	55,238
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Other	24,050
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TOTAL REVENUE	<u>\$ 584,006</u>
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TOTAL EXPENSES	<u>\$715,108</u>
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NET INCOME	<u>(\$ 131,102)</u>
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Auditors: Thompson, Noble Company, LLC, Sacramento, CA