



FRESH PERSPECTIVES: Rebounding, Rebuilding, Reshaping Adult Day Services

The Westin South Coast Plaza, Costa Mesa
November 13-15, 2023



caads
CA Association for Adult Day Services

CAADS FALL CONFERENCE

ADVANCING EXCELLENCE TOGETHER

An information-filled conference to pursue learning and sharing among Adult Day Services colleagues, Managed Care partners, California state regulators and others who make our work possible.

This conference is the place to be for. . .

Current and Prospective Providers

- ✓ ADHC/CBAS (medical model)
- ✓ ADP (non-medical model)
- ✓ Regional Center Vendorized Programs
- ✓ Those still undecided and curious

New & Seasoned Providers

- ✓ Owners & Executive Leaders
- ✓ Administrators
- ✓ Program Directors
- ✓ Nurses & Nurse Assistants
- ✓ Social Workers, LCSWs & LMFTs
- ✓ Activity Leaders
- ✓ Other Team Members

Managed Care Health Plan Staff*

- ✓ CBAS & LTSS Managers
- ✓ Nurses & Care Coordinators
- ✓ Member Services Representatives

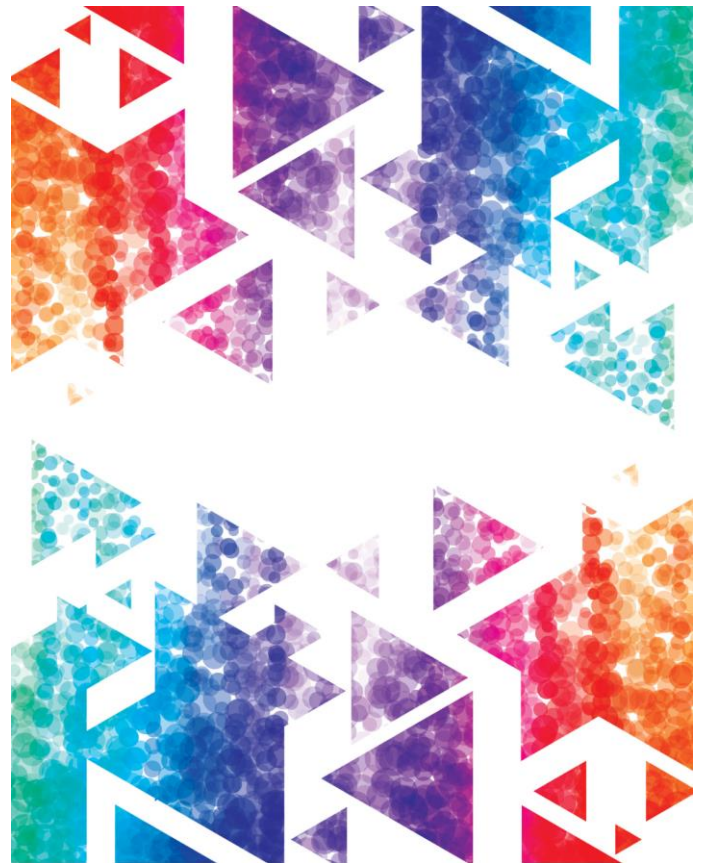
Product / Service Vendors*

- ✓ Those who do business with Adult Day centers, or would like to. . .

*Check out the **Invitation to Exhibit** and **Sponsorship Opportunities** [HERE](#)

“Great information regarding policy development, future planning, advocacy for day programs and connections with the CDA and health plans. The information was inspiring, easy to understand and use for strategic planning at the local level.”

~ Unknown Attendee
2022 Fall Conference



“I have such high expectations of our CAADS conferences, and this one certainly met my expectations.”

~ Lois Dell-Sones, Program Director
2022 Fall Conference

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(At time of Print)

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CONFERENCE EXHIBITORS

(At time of Print)

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CONFERENCE HOTEL AND INFORMATION



The Westin South Coast Plaza

686 Anton Boulevard
Costa Mesa, CA 92626

Telephone: (714) 540-2500

Website:

TheWestinSouthCoastPlaza.CostaMesa.marriott.com

Hotel Reservation Deadline: **October 23, 2023**

Reservations Online:

[CAADS 2023 Fall Conference Hotel Reservations](#)

Reservations by Telephone: **(714) 540-2500**

(Must mention California Association for Adult Day Services)

Room Rate: **\$199 Single/Double plus room taxes***

Rates are guaranteed IF a reservation is made **on or before October 23, 2023**, AND IF space is still available at the CAADS conference rate.

There are a limited number of rooms available in the block, so make your hotel reservations early. Reservation requests made after the cut-off date of **October 23, 2023**, will be based on availability at the hotel's prevailing rates. Regardless of when you make your hotel reservation, please be sure to mention "California Association for Adult Day Services," as CAADS receives a discount on meeting space fees based on the number of guest rooms occupied by CAADS event attendees.

**Rates subject to applicable state and local taxes (currently 11% Occupancy tax) and a California tourism fee of 60¢.*

HOTEL PARKING

Day Use Self-Parking: **\$25.00 daily rate**

Overnight Self-Parking: **\$25.00 daily rate** (regularly \$43)

Day Use Valet Parking: **\$29 daily rate**

Overnight Valet Parking: **\$48 daily rate**

GENERAL INFORMATION

Assistance and Special Accommodations:

Do you have special needs (i.e., physical, dietary) that we can address to make your participation more enjoyable?

Please notify CAADS in advance for assistance at:

(916) 552-7400 or education@caads.org.

Attire is Business Casual.

Please refrain from using fragrant products.

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CAADS MEMBERS SAVE!

You need **NOT** be a CAADS Member to attend; however, membership has its benefits! Only CAADS Members get:

- **Discounted registration rates**
- **Access to Members Only Meeting: Monday, Nov 13**

Learn more about CAADS and how membership will benefit you. Visit our website to [JOIN](#) or call us at **(916) 552-7400**.

CERTIFICATE OF ATTENDANCE

You will receive a **Certificate of Attendance** via email after the conference.

SUBSTITUTIONS, CANCELLATIONS, REFUNDS

Substitutions will be accepted with advance notice to CAADS by emailing kathy@concentra-cms.com, by **November 6, 2023**. No registration package can be split or shared among multiple substitutes.

Cancellations must be made in writing by **5:00 PM, October 23, 2023**, to receive a refund, less a \$50 Registration Cancellation Fee. Telephone cancellations must be followed by a written request to be valid.

Refunds will not be granted if you attend a portion of the event, send a substitute, or fail to cancel in writing by **October 23, 2023**. *No exceptions*. After October 23, 2023, NO REFUNDS will be given. *Refund requests will be reviewed and processed after the conference.*

COMPLAINTS AND GRIEVANCES

Any complaint about the conference or event should first be brought to the attention of the CAADS Education & Events Manager to resolve as quickly as possible. If the complaint is unable to be resolved on-site, the attendee should document their concern in writing and submit it by email to nicole@caads.org or by mail to: **Nicole Moureaux**, Director of Education, CAADS, 1107 9th Street, Suite 701, Sacramento, CA 95814. The complaint will be provided to the CAADS Executive Director and the CAADS Education Committee for resolution.

ANTI-TRUST POLICY STATEMENT

It is the policy of the California Association for Adult Day Services and its members to comply with laws and regulations applicable to their activities. Since most association activities bring together groups of competitors, there are opportunities for anti-trust violations to occur.

CAADS members and leaders are subject to antitrust laws that prohibit fixing prices, allocating geographic markets, unfair or deceptive practices, setting profit levels, boycotts, and most other anticompetitive actions. For example, two or more people cannot discuss profit levels, selling prices, discounts, or dividing up markets.

CAADS will neither permit nor condone anti-competitive behavior, whether willful or inadvertent, in connection with any CAADS activity.* Download the full policy [HERE](#).

MEMBER REGISTRATION RATE

To qualify for the Member Rate, your center/ organization must be a **CAADS Member in good standing**. Employees from the same physical site address as the member center / organization are eligible for the Member Rate. *Consultants are not employees.*

CONTINUING EDUCATION (CE) FEES

Please see CE Order Form for the CE approved courses for your license. CE processing fees apply for each course for which you would like to receive a CE Certificate:

CAADS CE Fees PER COURSE:

By October 23:	\$15 Members \$31 Non-members
By October 30:	\$25 Members \$41 Non-members
After October 30:	\$35 Members \$51 Non-members

To purchase CE credits, check the appropriate option during the online registration process. If you need CE credit from a board not listed below, or you are an out-of-state provider, contact that licensing board to verify acceptability before ordering CEs. *No refunds for CEs.*

CAADS is a Continuing Education provider for:

California Board of Registered Nursing (BRN)

CE Provider Number 11021 for the stated contact hours.

- Registered Nurse (RN)
- Licensed Vocational Nurse (LVN)

California Association of Marriage and Family Therapists (CAMFT)

CAADS is approved to sponsor continuing education and maintains responsibility for this program/course and its content. Course meets the qualifications for 10 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

CE Provider Number 69718.

- Licensed Marriage and Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Educational Psychologist (LEP)

California Board of Occupational Therapy (BOT)

CE Provider Number not required for CAADS courses.

- Occupational Therapist (OT)

California Department of Social Services, Community Care Licensing Division (CDSS-CCLD)

CE Provider Number not required for CAADS courses.

- Adult Day Program Administrator and Staff

ANTI-DISCRIMINATION POLICY STATEMENT

CAADS does not tolerate nor engage in discrimination against any individual or group with respect to any service, program or activity based on gender, race, creed, national origin, sexual orientation, religion, age, disability, or other prohibited basis.*

**Report suspected Anti-trust violations and/or suspected discrimination to the CAADS Executive Director.*

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SCHEDULE IN DETAIL

Monday, November 13, 2023

7:30 AM – 5:00 PM

Registration and Exhibits Open

7:30 AM – 9:00 AM

Morning Refreshments Among Exhibits

9:30 AM – 11:45 AM

**CAADS and ALE Annual Membership Meeting
& State of the Industry** (Open to Members Only) [No CE Hours]

Exclusive to CAADS members, this is an interactive session filled with fresh information and members opportunity to hear from the California Department of Aging's Director, Susan DeMarois and Deputy Director Denise Likar. CAADS leadership will also review accomplishments and goals for 2024 including a major state budget advocacy campaign to raise Medi-Cal rates.

12:00 PM – 1:15 PM

CAADS & ALE Networking Luncheon
(CAADS Members Only) [No CE Hours]

1:30 PM – 3:00 PM

SESSION 1 COURSES [No Break]

1-A CBAS Documentation Challenges: How to Avoid Plans of Correction [1.5 CE Hours: BRN, OT]
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CA Department of Aging
Julia Smith, CBAS Field Operations Manager, CA Department of Aging

Documentation should always tell a complete and accurate story of the unique individual. This session will provide an overview of the documentation challenges that CBAS centers most frequently face and insight into documentation practices that ensure continuity and quality of care, promote completeness, and prevent deficiencies.

After this session, attendees will be able to:

- Identify criteria for quality documentation
- Apply quality improvement concepts to establish documentation strategies
- List common documentation deficiencies and how to correct them

1-B Community Care Licensing: Hot Topics for Adult Day Programs [1.5 CE Hours: CCL]
Shelly Grace, Assistant Branch Chief, Adult & Senior Care Program, CDSS
Araceli Ramirez, Regional Manager, Monterey Park Adult & Senior Care Regional Office, CDSS

Adult Day Programs often feel like they have been passed over when it comes to Community Care Licensing (CCL). This session aims to change that because it is designed to address your interests and questions as ADPs.

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Whether you are not yet licensed, new to ADP, or an experienced provider, you will explore with experts from CCL the latest hot topics in licensing starting with a general overview of licensing requirements to an in-depth look at what DSS surveyors are looking for when they visit. You will learn how to get technical assistance and work with your surveyor when you feel something cited doesn't seem like the regulation as you understand it.

After this session, attendees will be able to:

- Describe how general licensing regulations and ADP specific requirements apply to your facility
- Understand the difference between residential care regulations and ADP regulations
- Reach out to DSS for technical assistance to get answers to compliance questions
- Prepare an emergency plan that will comply with DSS regulations
- Navigate the new employee fingerprinting process

3:15 PM – 4:45 PM

SESSION 2 COURSES [No Break]

2-A Fundamentals of CBAS Documentation: Best Practices [1.5 CE Hours: BRN, OT]
Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CA Department of Aging
Julia Smith, CBAS Field Operations Manager, CA Department of Aging

They say if it is not documented, it did not happen! Don't let that be the case for your center and ensure your multi-disciplinary team gets credit for all the hard work that they do! This session will not only cover the basic principles of documentation but also share best practices to promote clear, concise, efficient, and outcome-driven documentation practices so that staff can spend more time providing needed services for participants.

After this session, attendees will be able to:

- Identify CBAS documentation requirements
- Describe key elements of a "best practice" documentation process
- Recount the core goal of quality documentation practices

2-B In Case of Emergency, Break Glass: Preparing and Responding to Dangers in the Community and Office [1.5 CE Hours: CCL]
Mervin Roxas, Safety Manager, Easterseals Southern California
Dave Monderine, Director of Training, Get Safe

Most people's job descriptions are not engulfed in safety. After being "trained" or checking off all the boxes for the sake of compliance, it's easy to put a safety mindset aside and hope we never have to use it. Yet, in a high-pressure environment such as Adult Day Services, shifting from safe to crisis mode can be like flipping a coin: "Will I be able to deescalate this crisis, or will I freeze and forget

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my training?”

Treating safety like a fire extinguisher behind contained glass can take a toll on staff morale, performance, and the quality of services your organization provides.

After this session, attendees will be able to:

- Identify CBAS documentation requirements
- Describe key elements of a “best practice” documentation process.
- Recount the core goal of quality documentation practices

5:00 PM – 6:30 PM

Welcome Reception & Raffles Among the Exhibits

Evening

Dinner-On-Your-Own

Tuesday, November 14, 2023

7:30 AM – 6:00 PM

Registration & Exhibits Open

7:30 AM – 9:00 AM

Morning Refreshments

9:00 AM – 10:30 AM

SESSION 3 COURSES [No Break]

3-A Understanding Trauma: Cultivating Compassion, Cultural Congruency, and Healing

[1.5 CE Hours: BRN, CAMFT, CCL]

Janet Bayarmyan Generales, LCSW, Private Practice

Individual experiences of trauma are as unique as the individuals themselves. Delve into the world of person-centered trauma therapy, where the client's voice and agency are central to the healing process. This session will explore how you can use the profound insights of trauma therapy to create culturally sensitive and inclusive therapeutic spaces and share techniques that promote resilience and a path to healing. We will also learn the importance of cultivating compassion not only for participants but also for yourself as a caregiver.

After this session, attendees will be able to:

- Differentiate between types of trauma (acute, chronic, complex, vicarious).
- Explain the impact of trauma on brain development, attachment, and emotional regulation.
- Identify physical, emotional, and psychological reactions to trauma.
- Recognize the importance of culturally sensitive trauma-informed care.
- Describe trauma-informed therapeutic approaches
- Offer strategies for developing coping skills, positive identities, and purpose after trauma.
- Highlight the role of community support in fostering resilience.

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3-B Understanding and Responding to Challenging Dementia Behaviors [1.5 CE Hours: BRN, CCL]

Tami Anastasia, MA, Alzheimer's and Dementia Counselor and Educator

Interacting with people living with dementia can be complex, unpredictable, and challenging. In this session, you will learn the 4 Ds of dementia care, why you may react the way you do, and effective practical ways to manage and respond to behaviors that often can be perplexing and frustrating.

After this session, attendees will be able to:

- Better understand why people with dementia behave the way they do.
- Handle challenging behaviors using best practices.
- Identify triggers that may cause challenging behaviors to occur.

3-C Inclusive, Empathetic Care: Building Authentic Engagement Across Diverse Populations [1.5 CE Hours: BRN, CCL, OT]

Sharon Rushing, PhD, MPH, Senior Health Equity Specialist, Health Equity Department, Health Net

This presentation builds on the understanding of one's own cultural values, beliefs, and expectations to cultivate engaged inclusive and empathetic care across diverse cultures, communities, and care needs. It explores lived experience barriers to quality care and discusses approaches toward amelioration. In this presentation, we will examine terminology and approaches of health equity, health disparities, social determinants of health, cultural competency, cultural humility, cross cultural communication, and patient centered care.

After this course, attendees will be able to:

- Identify the foundations of cultural values, beliefs, and expectations.
- Discuss models of patient care communication and engagement
- Provide strategies of person-centered care.

10:45 AM – 11:45 AM

General Session Keynote

Making Difficult Conversations, Safe Conversations

[No CE Hours]

Lorie Reichel-Howe, Founder, Conversations in the Workplace

It's difficult to address awkward and complicated workplace issues that negatively impact you, your team and organization. While challenging, career success is dependent upon one's ability to respectfully communicate and influence positive change. Commonly, it's the issues that are not being addressed that result in strained working relationships. When people engage in “Safe Conversations” – transformative dialogue that uncovers hidden workplace issues, they safely and effectively address issues of concern while improving client care and fostering greater innovation, inclusion, and collaboration.

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After this session, attendees will be able to:

- Develop strategies for effectively talking, listening, and collaborating while addressing issues of concern
- Skillfully address sensitive issues and challenging behaviors
- Build more productive and positive working relationships

11:45 AM – 12:00 PM

Drum Circle with Music Mends Minds [No CE Hours]

12:00 PM – 1:15 PM

Networking Luncheon [No CE Hours]

1:30 PM – 3:00 PM

SESSION 4 COURSES [No Break]

4-A CBAS Surveys: On Your Mark, Get Set, Go!

[No CE Hours]

Jeanette Fong, Field Operations Bureau Chief,
CA Department of Aging

Julia Smith, CBAS Field Operations Manager,
CA Department of Aging

With in-center services now back in full swing for the past year, the CDA CBAS Field and Nursing Operations teams have taken off and resumed onsite recertification surveys. No need to be left in the dust on what this survey process entails! During this presentation, CDA will take you from start to finish, providing you with helpful tips and tricks along the way with each mile marker encountered. It doesn't matter how fast we finish the race, but we promise to guide you through the entire onsite survey process and get you to the finish line unscathed!

After this session, attendees will be able to:

- Know what to expect during the onsite recertification process
- Describe key components of the onsite survey and focused areas of review
- Understand what surveyors specifically look for
- Identify common survey findings, best practices, and dos and do nots

4-B Music Is Medicine for the Mind [1.5 CE Hours: CCL]

John Kander, Executive Director, Music Mends Minds

Music Mends Minds creates and offers free musical engagement and therapy groups for seniors, especially those with Alzheimer's, Parkinson's, dementia, stroke, PTSD, and other neurodegenerative challenges. Music is the one capacity we DO NOT LOSE when dementia otherwise impairs memories and sense of self. For some, music is a lasting reminder of who we are. Join us to discuss the science behind "music as medicine," the many participatory options in our program, and why free music groups for seniors should be more available on a community-wide level, supported, and reimbursed by the medical and insurance establishments.

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After this session, attendees will be able to:

- Cite evidence-based research that music can improve wellness, neuroplasticity, and memory preservation in persons with Alzheimer's, dementia, and other neurodegenerative challenges.
- Understand the key benefits music provides in lessening anxiety and agitation, decreasing depression, providing opportunities for socialization, and increasing quality of life in patients and caregivers alike.
- Outline the steps to incorporate Music Mends Minds into your Adult Day Services program.
- Understand and advocate for the establishment of free music therapy and engagement for this cohort as not just a personal prescriptive intervention, but also a Public Health Initiative

4-C Empowering Wellness: Modern Pharmacy Practice in Adult Day Services Through Collaboration and Communication [1.5 CE Hours: BRN, CCL]

Adrian Wong, Pharm. D., Assistant Professor, Pharmacy Practice, Touro University, Vallejo

Medication management is becoming more complex with the introduction of new drugs seemingly every week. Anyone with complex health or mental health conditions attending adult day services teams relies on the staff to understand, monitor, and often help manage their medications. Whether you are an ADHC or a community care licensed provider, this session will explore the pivotal role pharmacists play in adult day services and how you can forge a strong partnership with these essential healthcare professionals. We will delve into key strategies and best practices for working hand-in-hand with pharmacists, ensuring participants receive the outcomes possible.

At the end of this session, attendees will be able to:

- Learn how to establish seamless lines of communication between your team and pharmacists, ensuring clarity and coordination in medication-related matters.
- Discover proven techniques and resources for medication safety and reconciliation that can significantly improve satisfaction and outcomes.
- Understand the fast-evolving field of pharmacy services including the latest scope of practice changes.

3:15 PM – 4:45 PM

SESSION 5 COURSES [No Break]

5-A CBAS Surveys: Secrets to Creating a Successful Plan of Correction [No CE Hours]

Crystal Harmon, Manager, At-Home-Health-Branch,
Community-Based Adult Services Bureau,
CA Department of Aging

Patrick Hills, AGPA, At-Home-Health-Branch, Community-Based Adult Services Bureau, CA Department of Aging

This session is designed for providers seeking a more comprehensive understanding of the CBAS Plan of Correction process. The CBAS survey team will provide an overview of this process, including Frequently Asked Questions plus Do's and Don'ts.

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Join us to explore this process in detail to establish best practices and leave with actionable insights to boost your knowledge and, as a result, confidence in addressing and resolving deficiencies during the Plan of Correction process.

After this session, attendees will be able to:

- Understand the Plan of Correction process
- Develop strategies for a successful Plan of Correction
- Navigate the Peach Portal to submit a Plan of Correction with supporting documentation

5-B Medical and Practical Aspects of Care of Persons with Down Syndrome and Alzheimer's Disease

[1.5 CE Hours: BRN, CCL]

Eric Doran, MS, Manager, UCI Center for Aging Research in Down Syndrome

Kim Bailey, MSG, Alzheimer's Orange County Program & Education Specialist

This session will provide information on Alzheimer's disease (AD) in people with Down syndrome (DS): a population at significantly increased risk for early-onset AD. Attendees will gain a general understanding of AD in people with DS, including causes and risks, signs and symptoms, diagnosis and treatment, and practical techniques in the care and support of persons with DS and AD.

After this session, attendees will be able to:

- Describe the connection between DS and AD and understand typical symptoms in affected individuals
- Understand the impact of disease progression on day-to-day functioning
- Use practical techniques in the care and support of persons with DS and AD

5-C What's Language Got to Do with It? The Impact of Using Person Centered Language

[1.5 CE Hours: BRN, CCL, OT]

Amber Carey-Navarette, Director of Person-Centered Services, Adult Day Services, Easterseals Southern California
Howard McBroom, Advocate, Easterseals Southern California

Our words have the power to uplift people, but they also can tear them down. Sometimes without us even realizing it. It is a window into how we perceive and ultimately interact with the people who use our services. Yet, how did we get here? Looking through a historical lens, we are aware of the harmful and dehumanizing impact the medical model has had on the language within human services. Unfortunately, some of the language of this model continues to permeate the work we do. By becoming more aware of our language, and intentionally focusing on personalizing our language, we can ensure that our word choices empower those we serve. This presentation will provide both an understanding of how language influences and is influenced by our society and our behavior, as well as practical strategies to better personalize your own language.

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After this session, attendees will be able to:

- Deepen your understanding of how the language in our services evolves & the impact this has on the lives of the people we serve.
- Learn strategies to become more self-aware of your word choices, and how to incorporate more empowering person-centered language in the services we provide.
- Leave with practical ideas that can be adapted and implemented within any team and/or service.

5:00 PM – 6:00 PM

SESSION 6 COURSES

Peer Perspective Exchange:

Stories, Questions, and Insights [No Break] [No CE Hours]

Join us for an engaging and interactive session where attendees will come together to foster meaningful connections and exchange valuable insights. In "Peer-Perspective Exchange: Stories, Questions, and Insights," you will have the opportunity to share your personal stories, pose thought-provoking questions, and contribute valuable information within a collaborative and supportive environment. *(Facilitators listed below)*

6-A Activities Directors

Amber Carey-Navarette, Director of Person-Centered Services, Adult Day Services, Easterseals Southern California

6-B ADP / ADVP Administrators

Stephanie Wilson, Recreation Superintendent, Older Adult Services & Access Leisure, City of Sacramento
Maria Nicolacoudis, CEO, Hearts & Minds Activity Center

6-C Nurses

Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief, CA Department of Aging

6-D Program Directors / Administrators

Lena Haroutunian, MSW, Program Director, New Sunrise ADHC
Tatyana Kheyfets, MA, Program Director, Golden Castle ADHC/CBAS

6-E Social Workers

Kristina Lugo, LCSW, Vice President, Programs, Avenidas

6:00 PM

Exhibits Break Down / Move Out

Evening

Dinner-On-Your-Own



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Wednesday, November 15, 2023

7:30 AM – 12:30 PM

Registration Open

7:30 AM – 8:30 AM

Morning Refreshments

8:30 AM – 11:45 AM

SESSION 7 COURSES

3-Hour Intensives

7-A **Emergency Remote Services (ERS) Best Practices**

[No CE Hours]

Jeanette Fong, CBAS Field Operations Bureau Chief,
CA Department of Aging

Leigh Witzke, RN, CBAS Nursing Operations Bureau Chief,
CA Department of Aging

Jennifer Jaeger, CBAS Field Support Bureau Chief,
CA Department of Aging

CBAS Provider Panelists TBA

With the one-year anniversary of Emergency Remote Services (ERS) now behind us, join us as we celebrate last year's accomplishments and discuss various challenges while navigating through this new and added component to the CBAS benefit together. During this session, CDA and CBAS providers will join forces to examine last year's data trends, review and clarify ERS policy, reflect on lessons learned, and share ERS best practices.

After this session, attendees will be able to:

- Understand ERS data trends over the past year
- Accurately apply ERS policy to ensure that all participants who meet the criteria for ERS have full access to this component of the CBAS benefit
- Apply take-away lessons learned and shared best practices to their center ERS operations

7-B **CalAIM, Enhanced Care Management and Community Support Panel Discussion: New Opportunities for Improving Care** [No CE Hours]

Facilitator: Lena Haroutunian, MSW, Program Director,
New Sunrise ADHC

Randy VonFeldt, Manager, Delegation Oversight,
Enhanced Care Management (ECM)

Additional Panelists TBA

Join us to explore how CalAIM is reshaping the landscape of California's Medi-Cal program for people with long-term needs through a new benefit called Enhanced Care Management program. Our panel of managed care experts and CBAS providers will share insights, success stories, and innovative approaches that aim to improve care and outcomes. Whether you have a contract now or want to gain invaluable knowledge to be at the forefront of this transformative model, don't miss this chance to be part of the conversation shaping the future of ECM.

After this session, attendees will be able to:

- Describe what ECM is and what it is not
- Name what is required to become an ECM provider and how to contract with managed care plans.
- Give examples of emerging best practices and how to comply with ECM rules

Wednesday, November 15, 2023

7-C **Innovative Activities** [3.0 CE Hours: CCL]

Join us for a session that delves into innovative activities designed to stimulate and engage people in adult day services. In this interactive workshop, we will explore three approaches to activities that have proven to engage participants no matter their level of functioning. We will share stories and photos of how pet therapy, intergenerational programming, and person-centered dementia activities can be incorporated into your center program day.

Pet Therapy

Sandi Long, LCSW, Behavioral Treatment Professionals

Dr. Lilia Sheynman, Forensic Psychologist, Behavioral Treatment Professionals

Differentiating Activities

Maria Nicholacoudis, CEO, Hearts & Minds Activity Center

Intergenerational

Michelle Quiroga-Diaz, LCSW, Director, Adult Day Program, ONEgeneration Intergenerational Daycare Center

Julyana Marquez, Intergenerational Program Specialist, ONEgeneration Intergenerational Daycare Center

12:00 PM – 12:30 PM

GENERAL SESSION CLOSING [No CE Hours]

Debbie Toth, CEO, Choice In Aging

Yes, you are tired, and your head is brimming with ideas to share back home, but don't leave the conference without one final get together with your colleagues and friends for a sneak preview of what 2024 holds for our ADS community. We have big plans!

12:30 PM

Conference Concludes



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Message from the Chair of the CAADS Education Committee

On behalf of CAADS and the Education Committee, I am excited to have you join us at CAADS' Fall Conference located in beautiful Orange County! This is our second in-person conference since the COVID-19 emergency brought our usual annual education and networking get togethers to a screeching halt.

There have been so many changes and challenges to absorb in this post-emergency world -- workforce, transportation, the costs of operating without adequate reimbursement, and paperwork! What can be better than seeing each other in person once again to share experiences, feel less alone, and learn together?

That is only one reason for us to be in the same place with our Adult Day colleagues, Department of Aging and Department of Social Services teams and Managed Care Plan staff to network and share.

Just as important is the burst of energy and motivation that comes by learning from the best is learning from each other! Peer sessions are back by popular demand and classes designed just for Adult Day Programs and Adult Day Health Care (CBAS) teams will give you a chance to get your licensing questions answered.

The theme of this year's conference is "Fresh Perspectives: Rebounding, Rebuilding, Reshaping Adult Day Services" as we have curated a diverse and insightful program that aims to explore innovative approaches, best practices, and solutions to challenges in the field of Adult Day Services. Whether you're new to the field or have years of experience, we have designed something for everyone!

Thank you for giving your time and funds to invest in your program's future and your personal development. I look forward to meeting you in Costa Mesa!

Tatyana Kheyfets, MA Program Director
Golden Castle ADHC, Palo Alto

Meet Your CAADS Staff Team



Lydia Missaelides
Interim Executive Director



Nicole Moureaux
Director of Education



Danielle Hanlon
Director of Membership and Communications



Kathy Atkinson
Finance and Operations

2023 Conference Planning Group

CAADS EDUCATION COMMITTEE

CHAIR

Tatyana Kheyfets

Program Director

Golden Castle ADHC Center

Palo Alto

MEMBERS

Evelyn Andamo

Administrator

Carson Adult Day Health Care Center

Carson

Lena Haroutunian

Program Director

New Sunrise ADHC

Northridge

Jennifer Jaeger

CBAS Field Operations Bureau Chief

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Kristina Lugo

Program Director

Avenidas Rose Kleiner Center

Mountain View

Richard Lee

Program Director

Beverly Adult Day Health Care

Los Angeles

Mary Ann Ratto

Adult Day Services Director

Building Hope Adult Day Center

Camarillo

Stephanie Wilson

Program Director

Triple 'R' Adult Day Programs

Sacramento

Maria Nicolacoudis

Chief Executive Officer

Hearts & Minds Activity Center

San Jose

Sofia Martinez

Chief Executive Officer

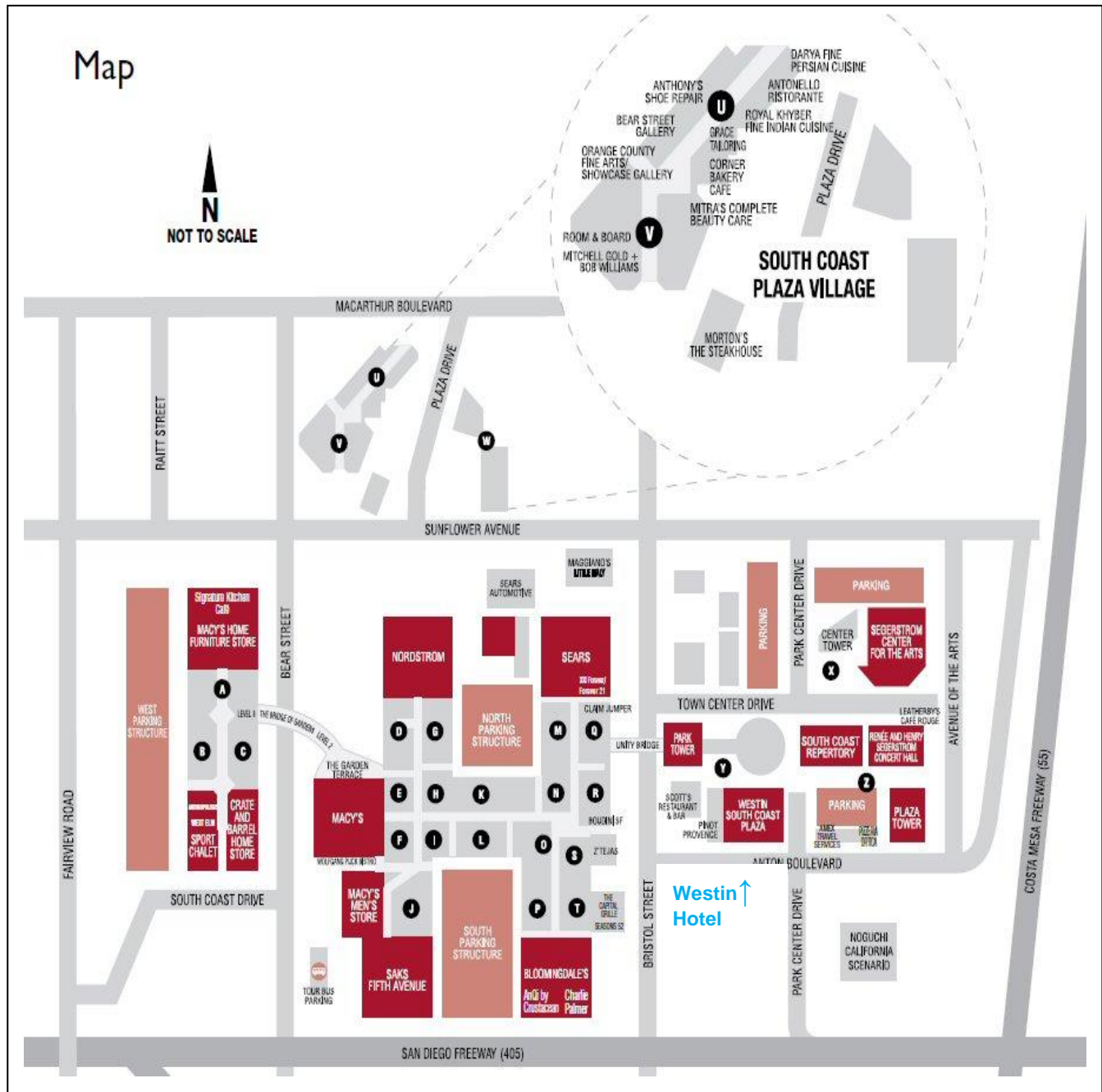
Reimagine

Santa Ana

CAADS FALL CONFERENCE AND ANNUAL MEETING

November 13 – 15, 2023 | The Westin South Coast Plaza, Costa Mesa

HOTEL ADDRESS: **686 Anton Boulevard** | **Costa Mesa, CA 92626**



California Association for Adult Day Services

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CAADS is a 501 (c) 6 not-for-profit membership association that supports adult day services programs as an alternative to institutional placement or unsupervised settings for frail elders, individuals with chronic health conditions and younger adults with care and supervision needs. We are the oldest and largest adult day services association in the nation, providing industry leadership through quality improvement and training activities.