2025 CAADS FALL CONFERENCE

Elevating the Future of Adult Day Services



CA Association for Adult Day Services

November 10–12, 2025 Hotel Fera 100 The City Drive Orange, CA 92868

ELEVATING THE FUTURE OF ADULT DAY SERVICES!

An information-filled conference to pursue learning and sharing among Adult Day Services colleagues, Managed Care partners, California state regulators and others who make our work possible.

This conference is the place to be for. . .

Current and Prospective Providers

- √ ADHC/CBAS (medical model)
- √ ADP (non-medical model)
- √ Regional Center Vendorized Programs
- $\sqrt{}$ Those still undecided and curious

New and Seasoned Providers

- √ Owners & Executive Leaders
- √ Administrators
- √ Program Directors
- √ Nurses & Nurse Assistants
- √ Social Workers, LCSWs & LMFTs
- √ Activity Leaders
- √ Other Team Members

Managed Care Health Plan Staff*

- √ CBAS & LTSS Managers
- √ Nurses & Care Coordinators
- √ Member Services Representatives

Product / Service Vendors*

- √ Those who do business with Adult Day centers, or would like to. . .
- *Download the *Invitation to Exhibit* and *Sponsorship Opportunities* <u>HERE</u>

"As someone new to the adult day health center field, all the information provided was very helpful. It enabled me to find resources and assistance for establishing a successful adult day center."

~ Filimon Gebremichael 2024 Fall Conference



"I feel very fortunate to be able to attend with this group. Thank you for the opportunity and excellent selection of presenters."

> ~ Anonymous Attendee 2023 Fall Conference

CONFERENCE SPONSORS

(At time of Print)

PLATINUM



GOLD



SILVER





EDUCATION





CONFERENCE EXHIBITORS

(At time of Print)

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CONFERENCE HOTEL AND INFORMATION



Hotel Fera Anaheim

100 The City Drive Orange, CA 92868

Telephone: (714) 634-4500

Website: The Hotel Fera

Hotel Reservation Deadline: October 24, 2025

Reservations Online:

CAADS 2025 Fall Conference Hotel Reservations

Reservations by Telephone: (714) 634-4500
(Must mention California Association for Adult Day Services)

Room Rate: \$149 Single/Double plus room taxes*

Rates are guaranteed **IF** a reservation is made **on or before Monday, October 24, 2025, AND IF** space is still available at the CAADS conference rate.

There are a limited number of rooms available in the block, so make your hotel reservations early. Reservation requests made after the cut-off date of **October 24**, **2025**, will be based on availability at the hotel's prevailing rates. Regardless of when you make your hotel reservation, please be sure to mention "California Association for Adult Day Services," as CAADS receives a discount on meeting space fees based on the number of guest rooms occupied by CAADS event attendees.

*Rates subject to applicable state and local taxes (currently 10.25% Occupancy tax)

HOTEL PARKING

Day Use Self-Parking: \$12.00 daily rate

Overnight Self-Parking: \$15.00 daily rate (regularly \$28)

Valet Parking: \$35.00/24 hours, paid in full

GENERAL INFORMATION

Assistance and Special Accommodations:

Do you have special needs (i.e., physical, dietary) that we can address to make your participation more enjoyable? Please notify CAADS in advance for assistance at:

(916) 552-7400 or education@caads.org.

Attire is Business Casual. Please refrain from using fragrant products.

CAADS MEMBERS SAVE!

You need <u>NOT</u> be a CAADS Member to attend; however, membership has its benefits! Only CAADS Members get:

- Discounted registration rates
- Access to the November 10th Membership Meeting

Learn more about CAADS and how membership will benefit you. Visit our website to JOIN or call us at (916) 552-7400.

CERTIFICATE OF ATTENDANCE

You will receive a **Certificate of Attendance** via email after the conference.

SUBSTITUTIONS, CANCELLATIONS, REFUNDS

Substitutions will be accepted with advance notice to CAADS by emailing nicole@caads.org, by **November 3**, **2025**. No registration package can be split or shared among multiple substitutes.

Cancellations must be made in writing by **5:00 PM**, October **24**, **2025**, to receive a refund, less a \$50 Registration Cancellation Fee. Telephone cancellations must be followed by a written request to be valid.

Refunds will not be granted if you attend a portion of the event, send a substitute, or fail to cancel in writing by **October 24, 2025**. *No exceptions*. After October 24, 2025, NO REFUNDS will be given. *Refund requests will be reviewed and processed after the conference*.

COMPLAINTS AND GRIEVANCES

Any complaint about the conference or event should first be brought to the attention of the CAADS Education Director to resolve as quickly as possible. If the complaint is unable to be resolved on-site, the attendee should document their concern in writing and submit it by email to nicole@caads.org or by mail to: Nicole Moureaux, Director of Education, CAADS, 801 K Street, Suite 925, Sacramento, CA 95814. The complaint will be provided to the CAADS Executive Director and the CAADS Education Committee for resolution.

ANTI-TRUST POLICY STATEMENT

It is the policy of the California Association for Adult Day Services and its members to comply with laws and regulations applicable to their activities. Since most association activities bring together groups of competitors, there are opportunities for anti-trust violations to occur.

CAADS members and leaders are subject to antitrust laws that prohibit fixing prices, allocating geographic markets, unfair or deceptive practices, setting profit levels, boycotts, and most other anti-competitive actions. For example, two or more people cannot discuss profit levels, selling prices, discounts, or dividing up markets.

CAADS will neither permit nor condone anti-competitive behavior, whether willful or inadvertent, in connection with any CAADS activity.* Download the full policy HERE.

MEMBER REGISTRATION RATE

To qualify for the Member Rate, your center/ organization must be a **CAADS Member in good standing**. Employees from the same physical site address as the member center / organization are eligible for the Member Rate. *Consultants are not employees*.

CONTINUING EDUCATION (CE) UNITS

CE Units - Earn Up To: 6 CAMFT | 7.5 BRN | 9 BOT | 12 CCLD

Continuing Education Units are <u>included</u> in the price of registration. Not all courses qualify for CE credit. Please see the *Schedule in Detail* below for approved courses for your license.

CAADS is a Continuing Education provider for:

California Board of Registered Nursing (BRN)

<u>CE Provider Number 11021</u> for the stated contact hours.

- Registered Nurse (RN)
- Licensed Vocational Nurse (LVN)

California Association of Marriage and Family Therapists (CAMFT)

CAADS is approved to sponsor continuing education and maintains responsibility for this program/course and its content. Course meets the qualifications for continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

CE Provider Number 69718.

- Licensed Marriage and Family Therapist (LMFT)
- Licensed Clinical Social Worker (LCSW)
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Educational Psychologist (LEP)

California Board of Occupational Therapy (BOT) CE Provider Number not required for CAADS courses.

Occupational Therapist (OT)

California Department of Social Services,
Community Care Licensing Division (CDSS-CCLD)

CE Provider Number not required for CAADS courses.

• Adult Day Program Administrator and Staff

ANTI-DISCRIMINATION POLICY STATEMENT

CAADS does not tolerate nor engage in discrimination against any individual or group with respect to any service, program or activity based on gender, race, creed, national origin, sexual orientation, religion, age, disability, or other prohibited basis.*

CAADS CONSENT & RELEASE AGREEMENT

As a condition of attendance, all registrants are required to submit a CAADS Consent & Release Agreement.

https://bit.ly/3XmH3vf

*Report suspected Anti-trust violations and/or suspected discrimination to the CAADS Executive Director.

SCHEDULE IN DETAIL

Monday, November 10, 2025

7:30 AM - 6:00 PM

Registration and Exhibits Open

8:30 AM - 9:30 AM

Morning Refreshments Among Exhibits

9:30 AM - 12:00 PM

CAADS and ALE Annual Membership Meeting

& State of the Industry (Open to Members Only) [No CE Hours] Exclusive to CAADS members, this is an interactive session filled with fresh information and an opportunity to hear from the California Department of Aging's Deputy Director, Denise Likar.

12:00 PM - 1:15 PM

CAADS & ALE Networking Luncheon

(CAADS Members Only) [No CE Hours]

1:15 PM - 2:45 PM

SESSION 1 COURSES [No Break]

1-A CBAS Multidisciplinary Team Process

[No CE Hours] [ADHC]

Jeanette Fong, CBAS Field Operations Section Chief, CA Department of Aging

Leigh Witzke, RN, CBAS Nursing Operations Section Chief, CA Department of Aging

Julia Smith, CBAS Field Operations Team Manager, CA Department of Aging

Have you ever heard of the CBAS Hokey Pokey? If not, why not let the CDA Team teach it to you?! Join us as we share tips and tricks on what we look for in the health record, including assessments, care plans, and service documentation. Stick around until the very end and you'll be in for a fun and sweet surprise!

1-B Regulations and Hot Topics for Adult Day Programs

[1.5 CE Hours: CCLD] [ADP]

Shelly Grace, Assistant Branch Chief, Adult & Senior Care Program, CDSS

Araceli Ramirez, Assistant Program Manager, Adult & Senior Care Program, CDSS

Adult Day Programs often feel like they have been passed over when it comes to Community Care Licensing (CCL). This session aims to change that because it is designed to address your interests and questions as ADPs. Whether you are not yet licensed, new to ADP, or an experienced provider, you will explore with experts from CCL the The latest hot topics in licensing, starting with a general overview of licensing requirements, to an in-depth look at what DSS surveyors are looking for when they visit. You will learn how to get technical assistance and work with your surveyor when you feel something cited doesn't seem like the regulation as you understand it.

3:00 PM - 4:30 PM

SESSION 2 COURSES [No Break]

2-A CDPH Licensing - Site Visits

[No CE Hours] [ADHC]

Monday, November 10, 2025

Adam Odabashian, Chief, Licensing and Certification Division, Center for Health Care Quality, CDPH Jackie Lincer, Branch Chief, Southern California Region and Field Operations ADHC lead, CDPH

This session will walk through the essentials of what the California Department of Public Health (CDPH) focuses on during surveys, including who to expect on-site. We'll also compare CDPH's process and expectations with those of CDA and Managed Care, helping you see where the differences matter most. You'll learn the top five pitfalls to avoid and the top five best practices that can set your program up for success, drawn from real-world experiences and common trends across providers. The session will also cover current "hot topics" and updates on survey processes and regulatory oversight expected in the coming months and year.

2-B Harnessing the Power of Strengths: Empowering Individuals and Teams Through Positive Psychology

[1.5 CE Hours: CCLD, BRN, CAMFT, BOT] [ADP] **Amber Carey-Navarette**, Director of Person-Centered
Services – ADS, Easterseals Southern CA

This conference session will focus on strategies to empower individuals and teams by utilizing strength-based language and interactions, as established within the field of positive psychology. The session will address the effective application of these practices in supporting growth and development among those served as well as team members. Attendees will receive an overview of the 24 Character Strengths and their role in enhancing well-being and positive relationships. Interactive activities will be included to illustrate the application of a strength-based approach to support services. By affirming individual strengths, such techniques aim to increase motivation and engagement, while fostering a positive mindset. Furthermore, the presentation will include the technique of "strength-spotting" for identifying character strengths in others through daily interactions.

4:45 PM - 6:00 PM

Welcome Reception & Prize Drawings Among the Exhibits

Evening

Dinner-On-Your-Own

Tuesday, November 11, 2025

8:00 AM - 6:00 PM

Registration & Exhibits Open

8:00 AM - 9:00 AM

Morning Refreshments

9:00 AM - 10:30 AM

SESSION 3 COURSES [No Break]

3-A Group Chemistry 101: The Secrets of Belonging, Connecting, and Thriving Teams

[1.5 CE Hours: BRN, BOT, CAMFT, CCLD] [ADHC, ADP]

Raven Tahara, Graphic Facilitator, Draw You Out

Description coming soon!

Tuesday, November 11, 2025

3-B Community Supports Panel [No CE Hours] [ADHC] Katie Panarella, Program Director, Community Supports, Anthem

Randy VonFeldt, Senior Manager, Provider Engagement, Co-President, Centene cPRIDE Employee Inclusion Group, HealthNet

Shirley Lam, Senior Program Associate, Transform Health Mia Arias, Director, CalAIM Operations, CalOptima Health Andrew Kilgust, Director, Medi-Cal and CalAIM, CalOptima Health

This session brings together representatives from multiple health plans to share insights on their approaches to Community Supports. Panelists will discuss the services their programs provide, how these supports are implemented, and the impact they have on members and providers. The discussion will include an overview of Community Supports, clarifying their role within California's health care system and how they differ from CalAIM initiatives.

10:45 AM - 12:15 PM

SESSION 4 COURSES [No Break]

4-A Group Chemistry 101: The Secrets of Belonging, Connecting, and Thriving Teams (continued) [1.5 CE Hours: BRN, BOT, CAMFT, CCLD] [ADHC, ADP] Raven Tahara, Graphic Facilitator, Draw You Out Description coming soon!

4-B Best Practices for Occupational and Physical Therapists in the Adult Day Setting [1.5 CE Hours: BOT] [ADHC]

Rochelle Paz, Occupational Therapist, Americana Adult Day Center

Adelina Rachi, Occupational Therapist, Reimagine **More coming soon!**

In the Adult Day Health Care setting, the role of occupational and physical therapists is vital—yet regulatory guidance for these positions often leaves room for interpretation. This panel discussion will feature experienced therapists who will share best practices, strategies, and lessons learned in delivering high-quality, person-centered care. Panelists will highlight practical approaches to assessment, treatment planning, documentation, and interdisciplinary collaboration, offering valuable insights that go beyond the written rules.

12:15 PM - 1:30 PM

Networking Luncheon [No CE Hours]

1:30 PM - 3:00 PM

SESSION 5 COURSES [No Break]

5-A Child and Adult Care Food Program Update and Town Hall

[No CE Hours] [ADHC, ADP]

Elyse Homel Vitale, Child and Adult Care Food Program Roundtable

Samantha Kay-Daleiden Marshall, Child and Adult Care Food Program Roundtable

Cathy Hardin, Bureau Chief, Community Nutrition Programs Bureau, Child and Adult Care Food Program Branch, California Department of Social Services

Tuesday, November 11, 2025

The California Department of Social Services and the CACFP Roundtable are teaming up to bring you updates about the CACFP - what to expect in this new Program Year, how to connect with resources, and current policy efforts. We will also hold space for questions and conversation in a Town Hall format. Whether you want to learn more about the CACFP and if it would be a good fit for your organization or are an experienced operator looking for answers to questions, this session is for you!

5-B ICE Raids and Supporting Communities

[1.5 CE Hours: CCLD] [ADHC, ADP]

Lois Sones, LCSW, Program Director, Community Bridges Elderday Adult Day Health Care

Beth Schroeder, JD, Partner, Raines LLP

Lendy Ruano, Person-Centered Culture and Practices Director, Easterseals Southern CA

Darryl Goodus, MBA, Vice President of Adult Services, Villa Esperanza Services

Diana Almanza, Chief Program Officer, SteppingStone Adult Day Health

Madeleine Barry, Program Director, SteppingStone Adult Day Health

The threat of immigration enforcement actions has created fear and uncertainty for many families participating in Adult Day Programs, particularly in multicultural communities. This panel will explore the current climate surrounding ICE activity and its impact on program participants and their families. Panelists will discuss how centers can respond with compassion and cultural sensitivity, including strategies for supporting participants who feel threatened, building trust, and ensuring that staff are prepared to provide accurate information and appropriate resources.

The session will also cover ways to help families understand their rights and connect with trusted community partners for legal guidance and support.

5-C Prioritizing What Matters Most: A Guide to Advance Care Planning in Serious Illness Care

[1.5 CE Hours: BRN, CAMFT, BOT, CCLD] [ADHC, ADP]
Shirley Otis-Green, MSW, MA, ACSW, LCSW, OSW-CE,
FNAP, FAOSW, Founder and Consultant, Collaborative Caring

Our current healthcare system is fragmented and in need of transformation. Care is inequitably delivered and too often not congruent with patient preferences. Advance care planning conversations lay the foundation for person-centered, family-focused, culturally congruent, goal-concordant quality care. Although ideally occurring over a lifetime, advance care planning conversations are an essential element of primary palliative care and especially important for those who are seriously ill. This interactive workshop will explore best practices in advance care planning. A variety of advanced care planning tools and resources will be provided.

3:15 PM - 4:45 PM

SESSION 6 COURSES [No Break]

6-A When Disaster Strikes: Lessons from the Frontlines

[1.5 CE Hours: CCLD] [ADHC, ADP]

Denise Peach (Moderator)

Lena Haroutunian, MSW, Program Director,

New Sunrise ADHC

Anna Hartunian, Silver Wisdom Adult Day Health Care Center

Tuesday, November 11, 2025

Richard Lee, Program Director, Beverly Adult Day Health Care Center

A wildfire has just ignited 10 miles from your center— evacuation orders are in place. What now? Do you have a plan? Are your critical documents easily accessible? Are they stored in physical files or securely stored in the cloud? What essentials will you need?

With natural disasters becoming an ever-present reality in California, preparation is no longer optional—it's essential. In this session, hear firsthand accounts from panelists whose centers have faced the devastation of wildfires and floods. Learn from their experiences and walk away with actionable strategies to safeguard your operations and develop best practices for emergency preparedness. When disaster strikes, will you be ready?

6-B Developing a Medication Policy for Your ADHC: The SteppingStone Experience

[1.5 CE Hours: BRN, CCLD] [ADHC]

Fran Dreier, NP

Description Coming Soon!

6-C The California Insurance Market in 2025

[No CE Hours] [ADHC, ADP]

Jose Rojas, CISR, CLCS, Vice President, POMS & Associates Insurance Brokers

Description Coming Soon!

5:00 PM - 6:00 PM

SESSION 7 COURSES [No Break]

Peer Perspective Exchange:

Stories, Questions, and Insights [No CE Hours]

Join us for an engaging and interactive session where attendees will come together to foster meaningful connections and exchange valuable insights with peers from across the state! You will have the opportunity to share your personal stories, pose thought-provoking questions, and contribute valuable information within a collaborative and supportive environment.

- 7-A Activities Directors and Aides
- 7-B ADP / ADVP Team Members
- 7-C Nurses and other Clinical Staff
- 7-D CBAS Program Directors / Administrators (with special guest: Denise Peach)
- 7-E Social Workers / Care Managers

6:00 PM

Exhibits Breakdown / Move Out

Evening

Dinner-On-Your-Own

Wednesday, November 12, 2025

8:00 AM - 12:30 PM

Registration Open

8:00 AM - 9:00 AM

Morning Refreshments

9:00 AM - 10:00 AM

GENERAL SESSION CLOSING KEYNOTE

[No CE Hours] [ALL]

Before you go, join us to celebrate the joys of being together once again and be inspired by **Cathy Senderling-McDonald**, CEO, Catbird Strategies, CAADS Contracted Lobbyist, and **Brian Rutledge**, CAADS Executive Director, as we preview what to expect as we start a new year, with fresh energy, appreciation, and determination!

10:15 AM - 12:30 PM

SESSION 8 COURSES [Includes Short Break]

8-A CalAIM & Enhanced Care Management: Deep Dive

Best Practices Panel [No CE Hours] [ADHC] *Facilitator:* **Lena Haroutunian, MSW**, Program Director,

New Sunrise ADHC

Randy VonFeldt, Senior Manager, Provider Engagement, Co-President, Centene cPRIDE Employee Inclusion Group, HealthNet

Eric Schwimmer, ECM Director, Anthem

Noah Kaplan Ng, ECM Director, LA Care

Marc Lewis, Director of ECM, SteppingStone

As Enhanced Care Management (ECM) continues to take root across California, Adult Day Programs and health plans have gained valuable experience in integrating this model of care. This advanced panel discussion will move beyond the basics to examine best practices that have emerged from real-world implementation. Panelists will share lessons learned in coordinating care across complex systems, building effective partnerships between health plans and community-based providers, and addressing the unique needs of diverse participants. The session will highlight strategies that improve outcomes, streamline communication, and strengthen trust with families, while also exploring ongoing challenges and opportunities for growth in the next phase of ECM.

8-B The Past is Present: How Life Histories Shape Dementia Behaviors

[2 CE Hours: BRN, BOT, CAMFT, CCLD] [ADHC, ADP] **Tami Anastasia, MA, CSA**, Dementia Consultant, Educator, & Author

Behaviors in dementia are often deeply rooted in a person's lifelong history. Childhood experiences, cultural expectations, coping mechanisms, and old traumas can resurface and influence how someone with dementia responds in the present. In this session, Tami Anastasia will show how understanding these backstories transforms "difficult behaviors" into meaningful clues. By shifting perspective from problems to patterns, adult day professionals can create more compassionate, personalized, and effective care.

12:30 PM

Conference Concludes

We hope you leave refreshed and excited by all you learned, the friends you found, and the friends you made!

Meet Your CAADS Staff Team





Brian Rutledge, Ph.D.Executive Director

Nicole Moureaux
Director of Education



Danielle Hanlon

Director of Membership and Communications







1107 9th Street, Suite 701 | Sacramento, CA 95814 T: 916-552-7400 | F: 866-725-3123 E: <u>caads@caads.org</u> | W: <u>www.caads.org</u>

CAADS is a 501 (c) 6 not-for-profit membership association that supports adult day services programs as an alternative to institutional placement or unsupervised settings for frail elders, individuals with chronic health conditions and younger adults with care and supervision needs. We are the oldest and largest adult day services association in the nation, providing industry leadership through quality improvement and training activities

CAADS EDUCATION COMMITTEE

CHAIR

Tatyana Kheyfets

Program Director
Golden Castle ADHC Center
Palo Alto

MEMBERS

Chantell Albers

Program Director & OAS Community Center Liaison *Triple 'R' Adult Day Programs* Sacramento

Diana Almanza

Director of Services and Outreach SteppingStone Adult Day Health San Francisco

Teresa Booth

Health Program Specialist California Department of Aging

Amber Carey-Navarrete

Director of Person-Centered Services

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Cerritos

Darryl Goodus

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Villa Esparanza Services
LA County

Lena Haroutunian

Program Director

New Sunrise ADHC Northridge

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Field & Policy Support Bureau Chief California Department of Aging

Sofia Martinez

Chief Executive Officer
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Chief Executive Officer
Hearts & Minds Activity Center
San Jose

Mary Ann Ratto

Adult Day Services Director Camarillo Health Care District Camarillo

Stephanie Wilson

Recreation Superintendent
Older Adult Services & Triple 'R' Adult Day Programs
Sacramento

Mona Yacko

Program Director

Laguna Adult Day Health Center

Laguna Hills

Member Pricing

	Early (Sept. 15 – Sept. 30)	Regular (October 1 – October 24)	Late (October 25 – Conference)
Full Conference (November 10-12) (Day 1 [Including Membership Meeting] + Day 2 + Day 3 [includes 2 lunches])	\$680	\$720	\$760
Day 1 + Day 2 (November 10-11) (Day 1 [Including Membership Meeting] + Day 2 [includes 2 lunches])	\$510	\$550	\$590
Day 2 + Day 3 (November 11-12) (Day 2 All + Day 3 Morning [includes 1 lunch])	\$420	\$460	\$500
Day 1 Membership Meeting (November 10) (Day 1 Membership Meeting [includes lunch])	\$230	\$270	\$310
Day 1 Afternoon (November 10) (Day 1 PM [no lunch])	\$240	\$280	\$320
Day 1 All Day (November 10) (Day 1 All Day [includes Membership Meeting and lunch])	\$330	\$370	\$410
Day 2 All Day (November 11) (Day 2 All Day [includes lunch])	\$330	\$370	\$410
Day 2 Afternoon (November 11) (Day 2 Afternoon [No lunch])	\$240	\$280	\$320
Day 3 Morning (November 12) (Day 3 Morning [No lunch])	\$220	\$260	\$300

Non-Member Pricing

	Early (Sept. 15 – Sept. 30)	Regular (October 1 – October 24)	Late (October 25 – Conference)
Full Conference (November 10-12) (Day 1 PM [no lunch] + Days 2 & 3 [includes 1 lunch])	\$925	\$975	\$1,025
Day 1 + Day 2 (November 10-11) (Day 1 PM [no lunch] + Day 2 All Day [includes lunch])	\$775	\$825	\$875
Day 2 + Day 3 (November 11-12) (Day 2 & Day 3 [includes 1 lunch])	\$775	\$825	\$875
Day 1 (November 10) (Day 1 PM [no lunch])	\$375	\$425	\$475
Day 2 All Day (November 11) (Day 2 All Day [includes lunch])	\$575	\$625	\$675
Day 2 PM (November 11) (Day 2 PM [no lunch])	\$375	\$425	\$475
Day 3 Morning (November 12) (Day 3 Morning [No lunch])	\$375	\$425	\$475