



**CAADS**

California Association for Adult Day Services

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## **2018 CAADS WEBINAR ANNOUNCEMENT**

### **Developmental Trauma in Seniors: When Survival Strategies Fail**

***Thursday, September 20, 2018 | 2:30 PM – 4:00 PM***

**What We'll Cover:** Thanks to recent research we now have a greater understanding of the complex and unseen, yet far-reaching and life-long consequences of Developmental Trauma. This trauma leaves behind certain imprints that affect our ability to relate, to realize our full potential and to behave resiliently during life's ups and downs particularly as we age. By learning about Developmental Trauma and the survival strategies we use to survive, we can more effectively support our seniors during this phase of life when those old strategies begin to fail. Additionally, this knowledge helps us improve our own self-care, increasing resilience all around.

**During this webinar, these questions will be answered:**

- What is Developmental Trauma?
- What are survival strategies and how do they function to help people survive suboptimal childhood environments?
- How does unresolved developmental trauma accelerate aging and impact seniors in particular?

**Presenter: Suzie Gruber, MA, SEP, Somatic Experiencing/NARM Practitioner**



Suzie Gruber holds advanced degrees in chemistry & psychology. She spent 15 years in biotechnology before returning to her first love, helping people transform their lives. A Somatic Experiencing and a Neuroaffective Relational Model Practitioner in private practice in Ashland, Oregon, Suzie also leads workshops and webinars that provide a trauma-informed lens through which to understand clients' challenges. Additionally, Suzie is a training assistant and the Research Director for the NARM Training Institute.

**When: Thursday, September 20, 2018 from 2:30 PM to 4:00 PM**

**Registration Fee:**

**CAADS Members: \$39**

**Non-Members: \$139**

**How to Register: Advance registration is required by 5:00 PM Wednesday, September 19, 2018.**

You must complete and return webinar registration form with payment to CAADS by email, [caads@caads.org](mailto:caads@caads.org) or by fax, 866.725.3123.

Registration includes access to all handouts and the webinar recording.

There is no limit on how many staff you gather to listen. Or, register each person individually to participate from their own computer. Internet connection and speakers / microphone **OR** access to a telephone for the audio presentation is required.

**NOTE: Substitutions will be accepted if made by 12:00 PM Thursday, September 20, 2018.** We are unable to register or change registrations beginning 30 minutes prior to the webinar start time.

### **Questions?**

- Beginning **30 minutes** prior to the webinar, CAADS' staff is preparing for the webinar so should you need to contact us, please send an email to [pam@caads.org](mailto:pam@caads.org).
- If you need help logging on from your computer or have technical difficulty, please call "GoToWebinar" customer service at **1-800-263-6317**.