Adult Day Services in the Center of Change

November 17-19, 2014
Westin Hotel, Long Beach
Join us for CAADS 2014 Fall Conference. Our theme this year—Adult Day Services: In the Center of Change—expresses the reality that adult day services providers, participants and families have been in the center of fast-paced change in the world of long term services and supports and health care reform. Whether an adult day health care, adult day program, or managed care organization, adaptability and flexibility are the key words in today’s environment.

This conference offers you and your staff a chance to step away from day-to-day operations and gain new insights and a deeper understanding of how the changing health and social service delivery systems and financial incentives will affect your organization. Find out what CAADS is doing to push toward standardization of processes and outcome measures, and imagine a future for your center that embraces new, exciting approaches to person-centered care.

The CAADS Conference Planning Committee has lined up an impressive array of plenary sessions and course presenters covering timely topics to meet your clinical, administrative and leadership needs. You’ll find a mix of courses for all levels of adult day services staff, plus sessions relevant to our health plan provider partners. All will enjoy the many opportunities for networking!

Highlights Monday, November 17:
CAADS Membership Meeting with legislative updates, the latest on the Coordinated Care Initiative and Cal MediConnect, news on the 1115 Waiver, and a preview of exciting new CAADS initiatives for 2015. Plus, a special conversation with Russ Foster, Principle with ppm Consulting Group of WeiserMazars, about how to position your center with managed care plans for high performing success.

Highlights Tuesday, November 18:
The plenary session explores the intersection of hospital and community care with Eileen Barsi from Dignity Health. A keynote session follows on person-centered care featuring national experts and authors Beth Meyer-Arnold, RN, MS, and Lyn Geboy, PhD.

Highlights Wednesday, November 19:
The morning plenary session features panelists from DHCS Mental Health and Substance Use Disorder Services, Anthem Medi-Cal Behavioral Health, and San Fernando Valley ADHC discussing access to behavioral health resources through managed care plans and county behavioral health. A plenary session presented by a panel of our managed care plan partners closes out the day.

Come share the excitement, knowledge and camaraderie that you can only get at a CAADS conference. Your mind and spirit will be refreshed as we look ahead to all that 2015 will bring.

Lydia Missaelides, MHA
CAADS Executive Director
EDUCATIONAL TRACKS

ADHC/CBAS and ADP Center Owners and Leaders, Managed Care CBAS Professionals, Nurses, Program Directors, Social Workers, Activity Directors, Finance/Billing Staff and Therapists are all encouraged to attend, whether experienced or new to Adult Day Services. Important learning opportunities are provided for all program models and for managed care professionals working with CBAS centers:

**ADHC/CBAS** = Adult Day Health Care (ADHC) centers, licensed by the California Department of Public Health/ADHC centers Medi-Cal certified as Community Based Adult Services (CBAS) by the California Department of Aging and regulated by the California Department of Health Care Services.

**ADP** = Adult Day Program facilities, licensed by the California Department of Social Services Community Care Licensing Division.

**ADCR** = Alzheimer's Day Care Resource Center program, specializing in Alzheimer's and related dementia care within a licensed ADHC/CBAS and/or ADP.

**MCO** = Managed Care Organization

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2014 ANNUAL MEETING AND FALL CONFERENCE PLANNING GROUP

**Leslie Ciletti**, Chair
*A Day Away...ADHC*

**Daisy Absalon, RN**
Eskaton Adult Day Health Care Center

**Amy Andonian**
Avenidas Rose Kleiner Center

**Lin Benjamin**, MSW, MHA
California Department of Aging, CBAS Branch

**Judy Canterbury**
BuenaVida Care Services, Inc., Training for Tomorrow

**Shannon Davis, DPT**
*Casa Pacifica Adult Day Health Care Center*

**Mary Ann Ratto, CSA**
*Camarillo Health Care District*

**Guita Sharifi, EA, PKE MBA**
*Alzheimer’s Family Services Center*

**Amanda Sillars, MSW, LCSW**
*Total ADHC Solutions, Inc.*
GENERAL INFORMATION

Assistance and Special Accommodations
Do you have special needs (i.e. physical, dietary) that we can address to make your participation more enjoyable? Please notify CAADS in advance for assistance at:
T: 916-552-7400 • E: pam@caads.org

Attire
Business casual. As a courtesy to those with fragrance sensitivities, this is a scent-free event. Please refrain from using/wearing strong fragrant products.

CAADS MEMBERS SAVE!
You need not be a CAADS Member to attend, but membership has its benefits! Only Members are eligible for:

• Discounted registration rates!
• Reduced rates for Additional Registrants from the same site.
• A ticket to attend “Members Only” events on Monday.

To learn more about CAADS and the benefits of membership, please visit our website at www.caads.org and click on “Join Now,” or give us a call at 916-552-7400.

CERTIFICATE OF ATTENDANCE
You will receive a Certificate of Attendance in your conference folder upon check-in at the Conference Registration Desk.

SUBSTITUTIONS, CANCELLATIONS AND REFUNDS
Substitutions will be accepted with advance notice to CAADS by emailing pam@caads.org or calling CAADS at 916-552-7400. Note: No registration package can be split or shared among multiple substitutes.

Cancellations must be made in writing by 5:00 PM, Wednesday, October 22, 2014, to receive a refund, less a $50 Registration Cancellation Fee. Telephone cancellations must be followed by a written request or they will not be considered valid.

Refund requests will be reviewed and processed after the conference. Refunds will not be granted if you attend any portion of the event, send a substitute, or fail to cancel in writing by October 22, 2014. No exceptions. No refunds will be given to those who register but do not attend the Conference (aka “no-shows”).

CONTINUING EDUCATION CREDIT (CE HOURS)
Courses meeting the criteria for CE credit are designated accordingly. There is a processing fee for each course for which you would like to receive CE credits.

In addition to the breakout courses, the following plenary/keynote sessions qualify for CEs:

• Be the Change You Wish to See: Person-Centered Approaches in Adult Day
  Tuesday, November 18, 2014 (1.5 CE Hours)
• Accessing Behavioral Health Resources through Managed Care
  Plans and County Behavioral Health: What CBAS Providers Need to Know
  Wednesday, November 19, 2014 (1.25 CE Hours)

CAADS MEMBERS:
By October 22, 2014: $10 per COURSE
By November 5, 2014: $20 per COURSE
After November 5, 2014: $30 per COURSE

NON-MEMBERS:
By October 22, 2014: $25 per COURSE
By November 5, 2014: $35 per COURSE
After November 5, 2014: $45 per COURSE

To pre-register for CE credits, check the appropriate box on the registration form. If you require continuing education credit from a board not listed below or you are an out-of-state provider, you are strongly encouraged to contact that board to verify acceptability before registering for CE credits. CAADS is an approved continuing education provider for:

CA Dept of Social Services, Community Care Licensing Division (CCL)
Licensed Adult Day Program (ADP)
Administrator and Direct Care Staff

California Board of Registered Nursing (BRN)
Provider Number: 11021
Registered Nurses and Licensed Vocational Nurses

California Board of Behavioral Sciences (BBS)
Provider Number: 1151
MFT and LCSW Only

California Board of Occupational Therapy (BOT)
Occupational Therapists
MEMBER REGISTRATION RATE

To qualify for the Member Rate, your center/organization must be a CAADS Member in good standing. Employees from the same physical site address as the member center/organization are eligible for the Member Rate. Consultants are not considered employees.

Non-Members are encouraged to join by visiting the CAADS Web site at www.caads.org. Click on the “Join Now” tab for benefits, dues rates or to download an application for membership. Or call CAADS at 916-552-7400.

FIRST TIME ATTENDEES SAVE!

For the first time, CAADS would like to offer a 10% discount to First Time Attendees. If you have NEVER attended a CAADS event, you qualify! See the “1st Time Attendee” line on the registration form for your discount.

GROUND TRANSPORTATION

Super Shuttle
800-BLUE-VAN (800-258-3826) or visit www.supershuttle.com for reservations.

From/To Long Beach Airport
$74 each way*

From/To Los Angeles Airport
$17 each way*

From/To Orange County Airport
$37 each way (first person; $9 each additional passenger)*

*Rates subject to change

Taxi Service
Look in/on taxi to see if flat rates to/from airports are posted, to avoid being overcharged.

From/To Long Beach Airport
Long Beach Yellow Cab Service: 562-435-6111
Cost: Approximately $25 each way

From/To Los Angeles Airport
Taxis can be found curbside on the Lower/Arrival Level islands in front of each terminal under the yellow sign indicating Taxis.
Yellow Cab Service: 310-851-5022
Cost: Approximately $85 each way

From/To Orange County/John Wayne Airport
Taxis are always available in the Ground Transportation Center.
John Wayne Airport Yellow Cab Service: 800-535-2211
Cost: Approximately $65 each way

CONFERENCE LOCATION / HOTEL INFORMATION

Westin Hotel, Long Beach
333 East Ocean Boulevard, Long Beach, CA 90802
T: 562-436-3000
www.westinlongbeachhotel.com

Hotel Deadline: Reserve your room by 5:00pm on October 17, 2014
By Phone: 562-436-3000 (Mention CAADS)

Check-In Time: 3:00 PM • Check-Out Time: 12:00 Noon

Mention the code “CAADS” to receive our discounted conference rate of $149* Single/Double/Triple/Quad.

*All rooms subject to applicable state and local taxes (currently 15.065%) or applicable service, or hotel specific fees per night in effect at the time of conference.

Guaranteed Reservations: The Westin Hotel, Long Beach has graciously extended the special conference rate for three (3) days prior and three (3) days post conference (based on availability), for those who would like to enjoy an extended stay. Rates are guaranteed if a reservation is made by 5 PM on October 17, AND if space is still available at the CAADS conference rate. It is a good idea to make your hotel reservations early. Reservation requests made after the cut-off date of October 17, will be based on availability at the Hotel’s prevailing rates. Regardless of when you make your hotel reservation, please be sure to mention “CAADS,” as CAADS receives a discount on meeting space fees based on the number of guest rooms occupied by CAADS event attendees.

Hotel Parking
Overnight: $18 Self/$21 Valet • Day: $8 Self/$10 Valet*
*Rates subject to change

For driving directions and additional transportation information, please visit the Westin Hotel’s website at www.westinlongbeachhotel.com.

5
CAADS FALL CONFERENCE

AGENDA-AT-A-GLANCE

Monday, November 17, 2014 (Members Only Day)

9:30 AM – 5:00 PM ............ CAADS Registration

8:30 AM – 9:30 AM ............ Exhibitor Move-In and Set-Up

9:30 AM – 10:30 AM ............ Exhibits Viewing for Members Only

10:30 AM – 5:00 PM ............ CAADS Annual Membership Meeting & Luncheon (For Members Only)

4:00 PM – 6:00 PM .......... NEW! CAADS CLINICAL PROTOCOL CERTIFICATE PROGRAM
(Separate registration form and fee required)
MEDICATION RECONCILIATION: Ensuring effective responses through
standardized medication reviews
A training certificate course for Nurses

Tuesday, November 18, 2014

7:00 AM – 8:00 AM .......... Morning “Zen” with Dennis Warren

7:30 AM – 4:30 PM ............ CAADS Registration

7:30 AM – 6:00 PM ............ Exhibits Viewing

7:30 AM – 8:30 AM ............ Continental Breakfast

8:30 AM – 11:30 AM .......... Welcome Remarks
Lydia Missaelides, MHA, Executive Director, CAADS
Plenary: Population Health: Will You Be My Partner?
Eileen Barsi, Senior Director, Community Benefit, Dignity Health
Keynote: Be the Change You Wish to See: Person-Centered Approaches in Adult Day
Beth Meyer-Arnold, RN, MS, Principal, Cygnet Innovations Group LLC
Lyn Geboy, PhD, Principal, Cygnet Innovations Group LLC

11:30 AM – 11:45 AM .......... Break / Exhibits Viewing

11:45 AM – 1:00 PM .......... Luncheon

1:15 PM – 2:45 PM .......... Concurrent Educational Courses: Session 1 (see page 9 for descriptions)
1A: Person-Centered Care in Practice: Getting Started
First Steps: Finding Your Opportunity for Change and Starting with People

1B: CBAS 101: Understanding the Basics of the CBAS Program Model and
Program Requirements

1C: Improve Managed Care Referrals and Participant Outcomes by
Optimizing Therapy Services

1D: Grassroots Magic: Wellness on a Budget

1E: Adult Day Programs: Front and Center
3:00 PM – 4:30 PM. Concurrent Educational Courses: Session 2 (see page 10 for descriptions)
   2A: Person-Centered Care in Practice: Getting Started
       Building Confidence: Person-Centered Activities and Using the Physical Environment
   2B: The Year of the Chameleon: Going Beyond ‘Business as Usual’
   2C: Wages, Overtime and Contractor Rules: What You Don’t Know Can Hurt You
   2D: Individuals with Intellectual and Developmental Disabilities in Adult Day Services... More Similar than Different

4:30 PM – 6:00 PM. Exhibits Reception and Gift Basket Live Auction

6:00 PM – 7:00 PM. Exhibitor Move-Out

**Wednesday, November 19, 2014**

7:00 AM – 8:00 AM. Morning “Zen” with Dennis Warren

7:30 AM – 3:00 PM. CAADS Registration

7:30 AM – 8:30 AM. Continental Breakfast

8:30 AM – 10:45 AM. Concurrent Educational Courses: Session 3 (see pages 11-12 for descriptions)
   3A: Person-Centered Care in Practice: Getting Started
       Accelerate! Your Plan for Monday
   3B: No One Gets Off this Planet Alive! Have you posted what you want on YOUR POLST?
   3C: “Oh No, You Didn’t!” A Primer on Risk Management
   3D: Enhancing the Participant’s Quality of Life through Activity Programs

11:00 AM – 12:15 PM. Morning Plenary

   Accessing Behavioral Health Resources through Medi-Cal Managed Care Plans and County Mental Health Plans: What CBAS Providers Need to Know
   *California Department of Health Care Services, Mental Health and Substance Use Disorders Services (Invited)*
   *Duane E. McWaine, MD, California Medical Director, Anthem Medi-Cal Behavioral Health*
   *Golriz Shafaie, Director, San Fernando Valley ADHC*

12:30 PM – 1:45 PM. Luncheon Presentation

   Adult Day Services in California: Characteristics of Providers and Users in the 2012 National Study of Long-Term Care Providers
   *Lisa Dwyer, MPH, Health Scientist, Division of Health Care Statistics, National Center for Health Statistics*

1:45 PM – 3:30 PM. Closing Plenary and Raffle

   Deepening Your Managed Care Partnerships in a Post Settlement World

3:30 PM. Adjourn
MONDAY, NOVEMBER 17, 2014 (MEMBERS ONLY DAY)

9:30 AM – 5:00 PM
CAADS Registration

8:30 AM – 9:30 AM
Exhibitor Move-In and Set-Up

9:30 AM – 10:30 AM
Exhibits Viewing for Members Only

10:30 AM – 12:00 PM
CAADS Annual Membership Meeting (For Members Only)
Beyond Survival: Positioning Adult Day Services for Long Term Success
A conversation with Lydia Missaelides, Executive Director, CAADS an. Russ Foster, Principle, ppm Consulting Group of WeiserMazars LLP

12:00 PM – 1:00 PM
CAADS Members Only Luncheon (For Members Only).

1:00 PM – 5:00 PM
CAADS Membership Meeting Continues (For Members Only)

4:00 PM – 6:00 PM
NEW! CAADS CLINICAL PROTOCOL CERTIFICATE PROGRAM
(Separate registration form and fee required.
MEDICATION RECONCILIATION: Ensuring effective responses through standardized medication reviews
A training certificate course for Nurses
Susan Walsh, RN, CBHH Nurse Navigator, A Day Away... ADHC
Track: ADHC/CBAS, ADP, MCO
Learning Objectives: Medication errors contribute significantly to the number of emergency department and hospital visits among the population with chronic complex conditions. Polypharmacy, multiple prescribers, knowledge deficits and communication gaps compound the rate of medication errors. Implementing a standardized review of medications through utilization of CAADS’ Medication Reconciliation Protocol serves to decrease potential medication errors by collaboratively addressing the primary sources of medication errors, including the use of duplicate, discontinued, contraindicated, and potentially allergy-causing medications. Medication Reconciliation effectively performed by CBAS and other community based nursing staff can reduce medication errors and ensure favorable individual outcomes. At the end of this course, attendees will understand:
• The importance of proper medication reconciliation to ensure favorable participant outcomes and prevent adverse events caused by incorrect utilization of medications
• How to describe the process of collaboratively gathering a complete and accurate medication list that has been screened for known causes of medication errors and can be shared with participants, caregivers and clinicians
• How to perform standardized medication reconciliation for participants in order to prevent medication errors and ensure favorable outcomes

Separate registration form and fee required. Fee includes:
2 Continuing Education Credits for Registered Nurses and Licensed Vocational Nurses, and Certificate of Successful Completion of CAADS Clinical Protocol for Medication Reconciliation.

TUESDAY, NOVEMBER 18, 2014

7:00 AM – 8:00 AM
Morning “Zen” with Dennis Warren

7:30 AM – 4:30 PM
CAADS Registration

7:30 AM – 6:00 PM
Exhibits Viewing

7:30 AM – 8:30 AM
Continental Breakfast

8:30 AM – 11:30 AM
Welcome Remarks
Lydia Missaelides, MHA, Executive Director, CAADS

Plenary
Population Health. Will You Be My Partner?
Eileen Barsi, Senior Director, Community Benefit, Dignity Health
As our nation moves more deeply into health reform, we find ourselves focused on achieving the goals of the Triple Aim and the National Prevention Strategy. Healthcare systems have always partnered with other organizations in the community at some level, but usually about care. To address the multiple facets that influence health, successful population health approaches consider the value of partnerships that are multi-sectored. As we strive to achieve improved population health, the partnerships must be about prevention and chronic care management, policies and environmental factors and linkages along the continuum. Working with other organizations in the community has always been desirable and helpful—now it is essential. Learn how Dignity Health has expanded partnerships in efforts to improve health in the communities they serve and beyond.

Keynote
Be the Change You Wish to See:
Person-Centered Approaches in Adult Day
Beth Meyer-Arnold, RN, MS, Principal, Cygnet Innovations Group LLC
Lyn Geboy, PhD, Principal, Cygnet Innovations Group LLC
Making the shift to person-centered dementia care is smoother for everyone involved when we can see and hear the difference for ourselves. We all learn better, faster, and have more fun when we can contribute to creating caring and imaginative ways for understanding and coping with the sometimes unexpected behaviors that accompany dementia.

Join the shift, as we learn simple engaging, and commonsense techniques that we can use to integrate person-centered practices into staff training, involve day center participants and family in care planning, and create meaningful and purposeful opportunities for people with dementia to contribute to the life of our communities. We can commit when we can BE the CHANGE.

11:30 AM – 11:45 AM
Break / Exhibits Viewing

11:45 AM – 1:00 PM
Luncheon
1A: Person-Centered Care in Practice: Step 1 – Finding Your Opportunity for Change and Starting with People
Beth Meyer-Arnold, RN, MS, Principal, Cygnet Innovations Group LLC
Lyn Geboy, PhD, Principal, Cygnet Innovations Group LLC

Learning Objectives: The concept of person-centered care (PCC) continues to gain attention, but what is person-centered care? What might it mean for your organizational outcomes? What does it look like in everyday practice? What would be an urgent reason to change your care model? And how does person-centered care relate to staff development and team retention? At the end of this course, attendees will:

- Hear about a research-based systems approach to person-centered care
- Be able to identify their organization’s own urgencies for change and potential opportunities around which to create change
- Learn strategies and trainings for recognizing and assessing engagement in participants and teaching positive interactions for staff

1B: CBAS 101: Understanding the Basics of the CBAS Program Model and Program Requirements*
Denise Peach, Chief, California Department of Aging, CBAS Branch
Jeanie Smalley, Health Program Manager II, California Department of Health Care Services, Long-Term Care Division/CBAS Section

Track: ADHC/CBAS, MCO

Learning Objectives: The CBAS Program has undergone many changes over the past several years. This workshop will provide an update on the CBAS Program Model and Program Requirements which will include the following: 1) An overview of the CBAS benefit, 2) CBAS program eligibility criteria and determination, 3) CBAS provider requirements including staff organization and administration and reporting requirements to CDA, 4) CBAS center services and the Individual Plan of Care, 5) Physical plant and health and safety requirements, 6) Managed care plan responsibilities for the CBAS benefit including contract requirements with CBAS centers, eligibility and authorization of the CBAS benefit, and coordination with CBAS centers, 7) CBAS certification standards and renewal process. At the end of this course, attendees will understand:

- CBAS Program Model and Program Requirements
- Managed Care Plan responsibilities for the CBAS Benefit
- CBAS Provider Specifications for the delivery of CBAS services
- DHCS and CDA oversight responsibilities of the CBAS benefit
- Key resource and contact information

*Information presented in this session will be based on the status of the CBAS Waiver Amendment submitted to the Center for Medicare & Medicaid Services (CMS) on June 13, 2014.

1C: Improve Managed Care Referrals and Participant Outcomes by Optimizing Therapy Services
Shelley Capitanich, RD, Consultant
Shannon Davis, DPT, Physical Therapist, Casa Pacifica ADHC Center
Amanda Sillars, MSW, LCSW, CEO, Total ADHC Solutions, Inc.

Track: ADHC/CBAS, MCO

Learning Objectives: Utilizing best practices in ADHC therapy services leads to improved outcomes and increased referrals from managed care companies. In this session, experienced and knowledgeable ADHC therapists representing physical therapy, psych services and dietary services will provide information on how to optimize therapy services in your center while maintaining fiscal integrity. In this course attendees will understand:

- Best practice therapy services in Adult Day Health Care
- What type and how much therapy each participant needs based on assessment
- Cost saving ways to ensure mental health services are being provided for those with a mental health diagnosis
- Ensuring the services provided correspond to IPC and other documentation
- Common outcome measures and relating improvements to managed care companies

1D: Grassroots Magic: Wellness on a Budget
Adam Cox, CSCS, Director of Wellness, Heffernan Insurance Brokers

Track: ADP, ADHC/CBAS

Learning Objectives: This course will discuss what is available in the marketplace, what you should focus on, and how you already pay for wellness offerings you haven’t even tapped into. Presenting real life examples from a built-from-the-ground-up-with-sweat-equity program, you will see what it takes—with effort, pride, persistence and energy—to start your own successful wellness program. At the end of this course, attendees will:

- Know how to leverage your current Healthcare Provider/ Benefits program
- Be able to create engagement and excitement by involving your employees
- Understand how to create a need for a wellness budget through successful programming

1E: Adult Day Programs: Front and Center
Terri Whitmire, MA, Director, Lodi Health Adult Day Services
Stephanie Wilson, Program Director, Triple ‘R’ Adult Day Program
Mary Ann Ratto, Adult Day Services Director, Camarillo Health Care District
Amy Andonian, CEO/President, Avenidas Rose Kleiner Center

Track: ADP

Learning Objectives: Join CAADS’ leading experts for this panel discussion covering a wide range of topics of importance to adult day program leaders and staff. At the end of this course, attendees will:

- Understand recent legislative changes relating to civil penalties and fines
- Customize a protocol for “missing persons” that is compliant with recent law
- Implement practical ideas for improving marketing and outreach
- Understand strategic opportunities for contracting with managed care partners
Learning Objectives:

- Understand a methodical approach of asking difficult questions
- See the value of maintaining the ability to see their programs from a perspective of other entities: public and private
- Be challenged to see beyond the obvious and learn from our lessons
- See the value of maintaining the ability to see their programs from a perspective of other entities: public and private
- Understand a methodical approach of asking difficult questions

2B: The Year of the Chameleon: Going Beyond ‘Business as Usual’
Joanna Richardson-Jones, MBA, RD, Chief Executive Officer, Alzheimer’s Family Services Center

Learning Objectives: Learn basic strategies for implementing person-centered care in your activity program and using the environment as a resource rather than a roadblock. This session will include the use of creative training and behavior modeling techniques. Benchmarks and performance indicators will be shared as you envision your care going from great to exceptional. At the end of this course, attendees will:
- Learn strategies and techniques that will help them see all participants as extraordinary
- Learn tactics for creating person-centered activities
- Experience what it’s like to see and use the physical environment as a resource for supporting engagement and social interaction

2C: Wages, Overtime and Contractor Rules: What You Need To Know
Ralph Valles, Community Outreach & Resource Planning Specialist (CORPS), U.S. Department of Labor – Wage & Hour Division

Track: ADP, ADHC/CBAS

Learning Objectives: Is your organization compliant with the Fair Labor Standards Act (FLSA)? This session will cover FLSA minimum wage and overtime requirements, including how to determine overtime pay for covered non-exempt employees and employer requirements regarding employee time and pay records, and labor law questions most often posed by adult day service providers. At the end of this course, attendees will:
- Understand the federal minimum wage requirement, the difference between California’s minimum wage requirement, and which takes precedence
- Know FLSA requirements for employers to maintain employee time and pay records
- Employee or Independent Contractor differences

2D: Individuals with Intellectual and Developmental Disabilities in Adult Day Services…More Similar than Different
Shannon Davis, DPT, Physical Therapist, Casa Pacifica ADHC Center
Kathleen Kalenda, MA, Vice President, Adult Day Services, Easter Seals Southern CA

Track: ADHC/CBAS, ADP, MCO

Learning Objectives: Seniors and People with Disabilities have historically been supported in different service models with different systems of support. There is a growing initiative in California and across the nation to transition people with disabilities from segregated settings to inclusive models of support. There is also an intersection of demographics occurring with people with IDD reaching senior status with challenges similar to those of their typical senior peers. This is an opportunity for ADS providers to evaluate the opportunity to diversify the population in their center, by design, by including people with Intellectual and Developmental Disabilities. At the end of the session, attendees will understand:
- Mission, Vision, Values considerations for including people with IDD in ADS
- How to become a Service Provider for people with IDD
- Philosophy and Staff Training and Orientation for supporting people with IDD
- Service Design and Curriculum
- Best practices for including people with IDD in ADS
- Benefits of “Blended Model” ADS
CAADS FALL CONFERENCE

WEDNESDAY, NOVEMBER 19, 2014

7:00 AM – 8:00 AM
Morning “Zen” with Dennis Warren

7:30 AM – 3:00 PM
CAADS Registration

7:30 AM – 8:30 AM
Continental Breakfast

Session 3 • 8:30 AM – 10:45 AM (1.5 CE Hours)
Four (4) concurrent education courses to choose from!

3A: Person-Centered Care in Practice: Step 3 – Accelerate! Your Plan for Monday
Beth Meyer-Arnold, RN, MS, Principal, Cygnet Innovations Group LLC
Lyn Geboy, PhD, Principal, Cygnet Innovations Group LLC

Track: ADP, ADHC/CBAS, MCO

Learning Objectives: This session is designed to motivate attendees to take action on the concepts and strategies described in Step 1 and Step 2. Participants will receive a brief refresher on the main elements of the approach, including the theory of person-centered care, the Place-Based Model for Change, and the systems Model of Place. CAADS Members—Napa Valley Hospice and Adult Day Services and Easter Seals—have implemented the Person-Centered Care in Practice model and will share their stories of success and describe challenges in incorporating person-centered changes in their own organizations. Each attendee will draft a plan for her/his own organization, identifying three action steps for starting person-centered care on Monday. At the end of this course, attendees will:

• Be encouraged to develop practical and sometimes RADICAL solutions to challenges they face in leading person-centered practices
• Leave with key takeaways as the foundation for their Person-Centered Care in Practice plan for their own centers
• Draft a plan with three action steps for starting person-centered care on Monday

3B: No One Gets Off this Planet Alive! Have You Posted What You Want on YOUR POLST?
Patty Barnett Mouton, Vice President, Outreach & Advocacy, Alzheimer’s Association, OC Chapter

Track: ADP, ADHC/CBAS, MCO

Learning Objectives: The POLST remains an important but frequently misunderstood clinical tool. As of October 2014, the POLST in California will have significant revisions. How do you feel about your mortality and how might your attitudes about death influence your discussions with participants? This presentation will address the new California POLST document, the differences between the Advanced Directive and the POLST, and how DNR orders fit into the care process. Who should be initiating the POLST discussion? Who can complete the POLST when the individual is not able to do so? These questions and other issues surrounding cultural and personal attitudes about end-of-life issues will be explored. At the end of this course, attendees will understand:

• How the POLST orders should be used, and which participants might be eligible to complete a POLST
• How to use the new 2014 POLST in California and how the POLST differs from and complements the Advanced Directive
• Attitudes about the care we want at end-of-life vs. what actually happens
• Gentle methods of initiating the discussion about completing a POLST document, while respecting diverse cultural attitudes about end-of-life

3C: “Oh No, You Didn’t! A Primer on Risk Management
Katharine Spaniac, Lawyer, Chigoyenetchy, Grossberg & Clouse

Track: ADP, ADHC/CBAS

Learning Objectives: Adult Day Services providers serve a vulnerable and frail population that inherently presents the center with opportunities for negative consequences resulting from staff failure to follow policies and procedures. Falls, transportation or medication errors are among the most common areas of risk that are preventable. This session will examine the most common areas of risk that lead to litigation in the field of elder care. At the end of this course, attendees will:

• Be able to explain the risk of elder abuse and neglect for this population
• Be able to describe and identify areas of legal risk for the center
• Implement consistent use and updating of center’s standard Policies and Procedures
• Understand the value of preventive risk management compared to the time and cost required to defend against litigation

3D: Enhancing the Participant’s Quality of Life through Activity Programs
Cathy Allen, Program Director, South County Adult Day Services

Track: ADP, ADHC/CBAS

Learning Objectives: In this course, attendees will be provided with creative and innovative programs they can implement which stimulate and enhance the participants quality of life. Attendees will gain an understanding of the importance of an activity program in the ADAH/CBAS or ADP environment. At the end of this course, attendees will:

• Learn the importance of quality activity programs that enhance the participant’s quality of life
• Understand the role of an Activity Director in ADHC/CBAS
• Gain a resource list of programs and events
• Learn resources to enhance the activity department including: program support, supplies, equipment, documentation, etc.
• Gain an understanding about how to utilize volunteers in the activity program
11:00 AM – 12:15 PM  
**Morning Plenary**

**Accessing Behavioral Health Resources through Medi-Cal Managed Care Plans and County Mental Health Plans: What CBAS Providers Need to Know**

*California Department of Health Care Services (Invited)*  
*Los Angeles County Department of Mental Health*  
*Duane E. McWaine, MD, California Medical Director, Medi-Cal Behavioral Health, Anthem Blue Cross*  
*Golriz Shafaie, Program Director, San Fernando Valley ADHC*

**Learning Objectives:** During FY 2012-13, 48% of CBAS participants had a psychiatric diagnosis. It is critically important for providers to understand state guidelines issued by the California Department of Health Care Services (DHCS) regarding the responsibilities of Medi-Cal Managed Care Plans (MCPs) and County Mental Health Plans (MHPs) in the provision of mental health services to managed care members. This information is essential to know and operationalize to benefit eligible participants with mental health needs. At the end of this session, attendees will:

- Understand the roles and responsibilities of MCPs and MHPs in the provision of mental health services to managed care plan members as required by DHCS
- Know the eligibility criteria and referral processes for accessing MCP and MHP behavioral health services
- Identify the opportunities for collaboration and care coordination with MCPs and MHPs for mental health service provision.

12:30 PM – 1:45 PM  
**Luncheon Presentation**

**Adult Day Services in California: Characteristics of Providers and Users in the 2012 National Study of Long-Term Care Providers**

*Lisa Dwyer, MPH, Health Scientist, Division of Health Care Statistics, National Center for Health Statistics*

Using data from the 2012 National Study of Long-Term Care Providers conducted by the Centers for Disease Control and Prevention’s National Center for Health Statistics (NCHS), this presentation highlights characteristics of adult day services centers and their participants in California. Also, these characteristics will be compared with selected characteristics of other long-term care providers and users in California.

1:45 PM – 3:30 PM  
**Closing Plenary and Raffle**

**Deepening Your Managed Care Partnerships in a Post Settlement World**

Come together once more for a close up and lively panel discussion about the future opportunities and challenges for adult day services. This plenary will feature our managed care partners from across the state!

3:30 PM  
**Adjourn**