



December 5, 2018

Gavin Newsom  
Lieutenant Governor of the State of California  
State Capitol, Suite 1114  
Sacramento, CA 95814

Dear Lieutenant Governor Newsom:

On behalf of the California Association for Adult Day Services (CAADS), please accept our sincerest congratulations being elected as the next Governor of California. We appreciate your hard work and commitment to serving California's older adults and adults with disabilities, and we look forward to working together to address the needs of a rapidly aging population.

California has the largest population of older adults in the nation, with more than four million seniors. Forty percent of our older adults are living with a disability. With the aging of the baby boomers, and continuing advances in health care, all Californians are living longer, and often with multiple chronic conditions. Experts agree that the best place to care for seniors and people with disabilities is in the least restrictive environment – through community-based services.

CAADS is a not-for-profit association that is currently revolutionizing the delivery of community-based long-term care and supportive services. By advancing affordable access to quality adult day services, individuals and families in California have *the choice* to be cared for with compassion and integrity in their community, outside of an institutional long-term care setting. In addition to providing much needed care during the day, community-based adult day services also helps to reduce the financial burden to the state and to families as it costs nearly a third less than institutional care. Our members work on solutions to ensure individuals, families and communities are served with compassion and integrity.

Additionally, our association supports and advocates for the development and expansion of quality adult day services to ensure older adults, and adults with disabilities remain in their communities while receiving the care and support they need. We want to serve as a resource to you and your administration as you start to address the complexities associated with the Golden State's rapidly aging population.

We are pleased that you have committed to producing a master plan on aging. It is our hope that the plan focus on moving towards a more coordinated and integrated system of long-term services and supports, that is founded on core principles and directed toward specified goals that provides and pays for the sustainability and further growth of adult day services as a foundational component of the system.

CAADS is excited to engage with you and your administration on these policies and others to ensure that frail California seniors and people with disabilities have the much needed access to care that will enable them to live healthier lives with dignity and independence in their own community.

Sincerely yours,

Lydia Missaelides, MHA  
Executive Director