Just the Facts: Adult Day Health Care (CBAS)

CBAS serves adults 18-100+ with chronic health conditions in a safe and caring day center setting, to support their ability to live in the community and out of institutional care.

We are an interdisciplinary team of nurses, social workers, dieticians, occupational, physical, and speech therapists integrating health and human services inside and outside of our center walls.

In the state of California there are 261 Centers in 27 Counties

37,033 People enrolled

Each day, centers serve on average 23,632 participants

Male 33% Female 67%

Average Age 77

Our population is DIVERSE

White 22%

Black 13%

Latino 21%

Asian Pacific Islander 23%

Other Race / Not Reported 21%

Serving the most at RISK

44% Live Alone

41% No English Proficiency

96% Medi-Cal Recipients

Chronic Health Conditions

- Depression 42%
- Diabetes 46%
- Alzheimer’s / Dementia 41%
- Intellectual / Developmental Disabilities 19%
- Psychiatric Diagnosis 12%

We support participants and caregivers in a person-centered way with our skilled interdisciplinary teams

Cost Saving Care

CBAS Daily Bundled Rate $76.27

Nursing Facility Daily Rate $219.57

CBAS costs 3x less than a nursing home!

Source: CDA Participant Characteristics Report (July 2011); CDA Monthly Statistical Summary Reports (January 2020)

Find out more at www.caads.org