



Alliance for Leadership and Education

Supporting Quality and Innovation in Adult Day Services

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Alliance for Leadership and Education

A 501 (c) 3 Public Benefit Corporation

Board of Directors

The Alliance for Leadership and Education (ALE) Board of Directors met one (1) time in 2016, during a two-day joint planning retreat with the Board of the California Association for Adult Day Services.

Nina M. Nolcox Scholarship Fund

In 2016, the **Nina M. Nolcox Nursing Scholarship for Continuing Education** accepted applications and awarded a paid registration to the **CAADS 2016 Fall Conference** and a stipend of \$750 to cover related expenses.

Congratulations to **Daisy Absalon, RN**, Program Director, **Eskaton Adult Day Health Center, Carmichael**, the first recipient of the Nina M. Nolcox Scholarship.

The Nolcox Scholarship Fund was created in 2014 to recognize nursing leadership, dedication and passion for community based nursing within adult day services as exemplified by Nina Nolcox, RN, PHN. Nina served as President of CAADS from 2012 – 2014.

Community Based Health Home Project



In January 2013, the **SCAN Health Plan Community Giving Program** awarded the Alliance for Leadership and Education a three-year, \$2 million grant to pilot the **Community Based Health Home (CBHH) Project**. The CBHH project built on the ADHC platform to achieve the “Triple Aim” goals for complex, high-risk, high-cost persons with low health literacy and disconnected care.

Central to the CBHH Project is the addition of a Nurse Navigator, a Registered Nurse who works beyond the Center's walls to accompany participants to medical appointments, make home, hospital and nursing home visits, and facilitate transitions to/from these settings.

In July 2015, with funding from the *San Francisco Foundation*, ALE licensed two new CBHH sites located in San Francisco county: SteppingStone ADHC and Bayview Hunter's Point ADHC.

A total of 122 participants have been served in the CBHH project since its inception in 2013.

Outcome and Assessment Data Analysis

In addition to the CBHH project outcome data analyzed in 2015 by **Weiser Mazars** consultants, which showed positive results in reducing the use of institutional settings and associated cost, ALE contracted with **Vital Research, LLC** in 2016 to analyze participant assessment data.

Eleven (11) assessment and screening tools used by CBHH nurses were analyzed for statistical significance. Participants who had baseline assessments and two (2) additional assessments six months apart were used for analysis. The sample size decreased over this time period, due in large part to two sites closing and discharging participants to non-CBHH sites. The resulting number of records was therefore too small to be generalized, but there were statistically significant results in three (3) areas.

The loneliness measure and nutritional risk measure resulted in statistically significant improvement ($p < .05$) over the 18 months from baseline to Time 3. Activities of Daily Living showed a small but significant decline, likely due to the advanced age of this group (average age 78) with an average of 10 complex conditions. This analysis encouraged ALE to continue to pursue TOPS data collection and further analyze results.

CBHH Presentations

During 2016, **Russ Foster**, ALE's managed care consultant from **Weiser Mazars**, and **Lydia Missaelides**, ALE Executive Director, provided technical assistance to Community Based Health Home sites and several CAADS members to prepare them for meetings with their managed care plans to discuss CBHH and other pilot project ideas.

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Presentations regarding the Community Based Health Home (CBHH) project and its value to Medi-Cal managed care plan members were made to:

- **L. A. Care Health Plan**
- **Molina Healthcare of California**
- **Anthem Blue Cross**

A special presentation about the CBHH was made in October to the **California Collaborative for Long Term Services and Supports**. The audience included representatives from Medi-Cal managed care plans, CMS, DHCS, MLTSS colleagues and the SCAN Foundation.

CBHH Sites – 2016

The CBHH site Nurse Navigators and Program Directors met 29 times during 2016 – 28 times for 90-minute teleconferences, and once for an in-person, two-day training in Sacramento.

The following ADHC / CBAS sites participated in the CBHH Project in 2016:

Acacia Adult Day Services

Garden Grove
Orange County

Alzheimer's Services of the East Bay

Berkeley
Alameda County

Avenidas Rose Kleiner Center

Mountain View
Santa Clara County

Bayview Hunters Point Adult Day Health Care

San Francisco
San Francisco County

Collabria Care

Napa
Napa County

Family Bridges, Inc. /

Hong Fook Centers

Oakland
Alameda County

Rehabilitation Services of Northern California /

Mt. Diablo Adult Day Health Care

Pleasant Hill
Contra Costa County

SteppingStone, Inc. /

Stepping Stone Mission Creek Day Health

San Francisco
San Francisco County

Yolo Adult Day Health Center

Woodland
Yolo County

Collabria Care Selected as First ADHC for State's Health Home Program (HHP)



Section 2703 of the Affordable Care Act (ACA) allows states to create Medicaid health homes to coordinate the full range of services and supports needed by individuals with complex chronic conditions.

In California, **Collabria Care** (Napa County) was selected by **Partnership Health Plan** as the first ADHC to be invited to participate in the state's launch of the Health Home Program.

This came about because Collabria Care gained experience in how to meet health home requirements as an ALE pioneer Community-Based Health Home site. Combined with their forward thinking leadership, Collabria Care will again lead the way as the state's Health Home Program begins in July 2017.

The Health Home Program will serve eligible Medi-Cal beneficiaries with multiple chronic conditions who are frequent utilizers of health care and may benefit from enhanced care management and coordination.

Health Homes provide six core services:

- Comprehensive care management
- Care coordination (physical health, behavioral health, community-based LTSS)
- Health promotion
- Comprehensive transitional care
- Individual and family support
- Referral to community and social support services

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Thomas J. Long Foundation

In January 2015, the **Thomas J. Long Foundation** awarded the ALE with a three-year grant in the amount of \$750,000. The purpose of the grant is to support the replication of the Community Based Health Home (CBHH) model.

Thanks to funding support by the **Thomas J. Long Foundation**, ALE was able to select two (2) additional ADHC sites for CBHH designation:



**Alzheimer's Services
of the East Bay**
Berkeley
Alameda County



**Rehabilitation Services
of Northern California**
Pleasanton
Contra Costa County



TOPS: Tracking Outcomes for Program Success

TOPS is the Alliance for Leadership and Education's custom software system for managing and benchmarking participant data used by adult day services centers.

In October 2016, Community Based Health Home Nurse Navigators and Program Directors attended a two-day training in Sacramento to learn about entering data into the TOPS system and generating reports. The training also included a review of the key principles and framework for the CBHH model, and additional training on:

- Values and Belief Systems
- Stigma and Trauma
- Communication (including Motivational Interviewing)
- Health Literacy
- Cultural Aspects of Care
- Assessment and Action Planning

Provider Network Development

In December 2015, the ALE Board of Directors approved limited funds to determine the feasibility of establishing an adult day services provider network.

Such networks are common among physician groups and other provider types.

In 2016, ALE engaged **Lawrence Garcia**, an attorney specializing in provider networks, to explore network models and potential funding partners.

Financial Report

The ALE relies on grant funds and tax deductible donations for its operational income.

In 2016, ALE continued with Year-Two of a 36 month grant from the **Thomas J. Long Foundation** for **Advancing the Community Based Health Home** in Alameda and Contra Costa counties.

In addition, ALE received donations for the **Nina Nolcox Scholarship Award** and from CAADS Conferences Gift Basket Raffles.

The statements of financial position are unaudited as of this publication due to a change in auditors during 2016.

Expenses included payments to CAADS for staff time allocated to ALE activities, overhead and operational expenses such as insurance and fees.

UNAUDITED STATEMENT OF FINANCIAL POSITION As of December 31, 2015

BALANCE SHEET

ASSETS	
Current Assets	596,871
TOTAL CURRENT ASSETS	\$ 596,871
LIABILITIES	
Deferred Grant Income	556,685
Total Current Liabilities	556,685
NET ASSETS (DEFICIT)	40,186
TOTAL LIABILITIES AND ASSETS	\$ 596,871

STATEMENT OF INCOME AND EXPENSE

REVENUE	
Grants	376,404
Scholarship Fund	5,515
Other revenue	34,702
Total Revenue	\$ 416,621
TOTAL EXPENSES	\$ 296,520
CHANGES IN NET ASSETS	120,101
NET ASSETS (DEFICIT) BEGINNING OF YEAR	\$ 6,700
NET ASSETS, END OF YEAR	\$126,801