

# Santa Cruz County

## Santa Cruz

As of 5/3/2013

### COMMUNITY BRIDGES ELDERDAY

100 Pioneer Street, Suite C  
Santa Cruz, CA 95060-2181

(831) 458-3481

Mail: (above)

#### Licensee

Community Bridges  
Non-Profit Organization

#### Opened

1981



California Association for Adult Day Services  
**Continuous Member Since 2008**

#### Languages Spoken

English | Spanish

#### Accessing Services / Intake Process

Call: 831-458-3481

#### Reply Time

24 Hours

Intake entails a referral, a completed medical packet from PCP, a home visit and one to three days at the center where an individual is assessed. One to two weeks.

#### ADHC / CBAS (Medical Model) Hours & Attendance

Monday	8:00 AM to 4:00 PM
Tuesday	8:00 AM to 4:00 PM
Wednesday	8:00 AM to 4:00 PM
Thursday	8:00 AM to 4:00 PM
Friday	8:00 AM to 4:00 PM
Saturday	CLOSED
Sunday	CLOSED

Average Daily Attendance: 85

Daily Capacity: 90

#### Payments Accepted

- Medi-Cal Managed Care – *Contracts for CBAS with:*
  - ◆ Please inquire
- Private Pay – Sliding Fee Scale
- Veterans Administration

#### Program/s

- ADHC Adult Day Health Care
- CBAS Community Based Adult Services

Elderday serves Santa Cruz county's adults and elders who need help with daily living tasks. The program helps participants reach and maintain their maximum level of physical, mental, emotional and social functioning by providing an opportunity for companionship, activities and professionally supervised therapies. Elderday's mission is to promote independence and prevent premature institutionalization.

#### Who We Serve

Ages: 18 and older

Average Client Age: 72

#### Special Populations

- Alzheimer's / Related Dementia
- Behaviorally Impaired
- Intergenerational
- Lesbian, Gay, Bisexual and Transgender
- Mental Health
- Mono-Cultural
- Persons with Developmental Disabilities
- Physical Disabilities
- Traumatic Brain Injury

#### Activities of Daily Living

Eating | Toileting | Transferring (Getting Up) | Walking

#### Medical Devices

Catheter | Colostomy | Feeding Tube | Oxygen Devices | Wheelchair

#### Other

Incontinence | Injections | Medication Monitoring | Medicine Administration | Non-Ambulatory | Wandering

#### Additional Offerings

- Art Therapy
- Music Therapy
- Nursing
- Occupational Therapy
- Pet Therapy
- Physical Therapy
- Podiatry
- Psycho-education groups
- Walking Group
- Woodworking
- Yoga / Zumba

ADHC / CBAS (medical model) centers are required to have licensed/credential staff to provide or arrange for the following:

(A home visit and assessment are required prior to enrollment.)

✓ Activity Program	✓ Medication Management	✓ Physician Services	✓ Social Work / Social Services
✓ Dietary Services	✓ Occupational Therapy	✓ Psychology / Psychiatry	✓ Speech Therapy
✓ Meals	✓ Physical Therapy	✓ Skilled Nursing	✓ Transportation

ADP (non-medical model) centers are required to have staff to provide or arrange for assistance with the following:

✓ Activity Program	✓ Care & Supervision	✓ Meals	✓ Social Services	✓ Transportation
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